

Approval of Gym Survey and Pool Survey

Resolution Worksheet

Date: January 21, 2026

Suggested Motion:

"I move to approve the Gym Survey and the Pool Survey provided by the Recreation Committee."

2nd.

Vote:

	In Favor	Opposed	Abstained	Absent
Scott Buchanan				
Dave Bush				
Caitlin Counihan				
Robin Davis				
Lucille Eddy				
Elaine Lawler				
Jeff Lisanick				
Scott Mulrooney				
Jim Wicker				

Parkfairfax Fitness Center 2026 Survey

This survey is intended for information-gathering purposes only. Please submit one response per unit. Thank you.

Please take a few minutes to provide feedback to 25 questions about your experience with the Parkfairfax gym/exercise facility. The Recreation Committee is preparing recommendations for the Management and the Board of Directors about gym/exercise facility, and we would love to incorporate your suggestions and address your concerns. The survey will be open for the next three weeks, until [insert date]. Thank you for your participation!

1. How often do you use the Parkfairfax fitness center?

- a. 4 or more times a week.
- b. 1 – 3 times per week.
- c. A few times per month.
- d. A few times a year.
- e. Never.

2. If never, why not? (Select as many as are applicable.)

- a. Unaware of the gym's existence.
- b. Have membership at another gym or exercise studio.
- c. Due to the quality of equipment.
- d. Unable to get the desired quality of workout.
- e. Can't use a personal trainer.
- f. Due to over-crowding.
- g. Due to safety concerns.
- h. Due to not being able to access equipment on the second floor.
- i. No opinion or not applicable.
- j. Other (*write in*).

3. When is your preferred time to use the gym?

- a. Morning (6:00 am - 9:00 am).
- b. Mid-morning (9:00 am – 12:00 pm).
- c. Afternoon (12:00 pm – 4:00 pm).
- d. Evening (4:00 pm – 7:00 pm).
- e. Late evening (7:00 pm – 10:00 pm).
- f. No opinion or not applicable.

4. Would you use the gym between 5:00 and 6:00 am if it were to open at 5:00 am?

- a. Yes.
- b. No.
- c. No opinion or not applicable.

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5. What do you like about the gym amenity? (Select as many as are applicable.)

- a. Convenience.
- b. Cost included in my condo fee.
- c. Walkability.
- d. Having a back-up bathroom to use while my unit is renovated, water is out, etc.
- e. I do not use the gym facility.
- f. Other (*write in*).

6. Would you rate the overall quality of the gym and maintenance of the equipment?

- a. Excellent.
- b. Good.
- c. Fair.
- d. Poor.
- e. No opinion or not applicable.

7. Do you ever have to wait to use certain equipment? (Select all that apply.)

- a. Yes, the treadmill.
- b. Yes, the upright bike.
- c. Yes, the recumbent bike.
- d. Other (*write in*).
- e. No or not applicable.

8. Do you use the ballet bar upstairs?

- a. Yes.
- b. No.
- c. No opinion or not applicable.

9. Do you use the sandbag?

- a. Yes.
- b. No.
- c. No opinion or not applicable.

10. Do you use the slam ball?

- a. Yes.
- b. No.
- c. No opinion or not applicable.

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11. Do you use the bosu ball?

- a. Yes.
- b. No.
- c. No opinion or not applicable.

12. Do you use the stability ball?

- a. Yes.
- b. No.
- c. No opinion or not applicable.

13. Do you use the locker room upstairs?

- a. Yes.
- b. No.
- c. No opinion or not applicable.

14. Do you shower at the gym?

- a. Yes.
- b. No.
- c. No opinion or not applicable.

15. Would you use a straight bar or hex bar with plates if that were available?

- a. Yes.
- b. No.
- c. No opinion or not applicable.

16. Would you use a squat rack/bench press set up if that were available?

- a. Yes.
- b. No.
- c. No opinion or not applicable.

17. Please list the equipment you regularly use. (write in)

18. Please list the equipment you never use at the gym. (write in)

19. What types of equipment would you like to see that aren't there? (write in)

20. What would be your first priority in improving the fitness center? (write in)

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21. If funding permitted renovation, how would you treat the bathrooms (select up to two answers):

- a. Leave the bathroom upstairs as it currently exists.
- b. Leave the bathroom downstairs as it currently exists.
- c. Remove the bathtub upstairs and shift the wall to increase the usable space in the exercise area.
- d. Remove the bathtub downstairs and shift the wall to increase the usable space in the exercise area.
- e. Renovate the bathroom downstairs to create an ADA-compliant bathroom with a shower.
- f. No opinion or not applicable.

22. Are the gym rules being followed?

- a. Yes.
- b. No, personal training is happening at the gym.
- c. No, people under the age of 18 are using the facility.
- d. No, people are bringing in more than one guest at a time.
- e. No, people do not clean off their machines after working out.
- f. No, people are playing loud music.
- g. Other (*write in*).
- h. No opinion or not applicable.

23. How many adults in your unit use the gym?

- a. 0.
- b. 1.
- c. 2.
- d. 3.
- e. 4.

24. What is the age of the resident who uses the facility? (Select as many as are applicable.)

- a. 18 – 34 years old.
- b. 35 – 49 years old.
- c. 50 – 65 years old.
- d. 66 or older.
- e. No opinion or not applicable.

25. Your feedback is invaluable. Do you have any other comments or suggestions? (*write in*)

Parkfairfax Pool Survey

This survey is intended for information-gathering purposes only. Please submit one response per unit. Thank you.

Please take a few minutes to provide feedback to 19 questions about your experience during the 2025 pool season. The Recreation Committee will prepare recommendations to Management and the Board of Directors about the 2026 pool season (policies, rules, hours, etc.), and we would love to incorporate your suggestions and address your concerns. The pool survey will be open for the next two weeks, until [insert date]. We are most grateful for your participation!

1. Which pool do you go to most often? *Select one.*

- a. Coryell.
- b. Lyons.
- c. Martha Custis.
- d. I don't go to the pool.

2. Which pool do you go to second-most often? *Select one.*

- a. Coryell.
- b. Lyons.
- c. Martha Custis.
- d. I only go to one pool.
- e. I don't go to the pool.

3. How often did you typically go to the pools during the 2025 pool season? *Select one.*

- a. More than 4 times per week.
- b. 1-3 times per week.
- c. 1-3 times per month.
- d. 1-3 times last season.
- e. 0 times last season.

4. Last summer, some residents were frustrated by all pools being closed on Wednesdays. This question seeks your input on scheduling (whilst trying to stay within the budget).

For purposes of answering this question, assume that all pools will be open on the weekends and that Martha Custis will be closed on Wednesday. In other words, this question asks you only about weekday hours at Lyons Lane and Coryell pools.

Please rank these options according to your preference:

- a. Maintain last year's schedule: Keep all pools closed on Wednesdays, and close Coryell on Tuesday and Lyons Lane on Thursday.
- b. Close Lyons Lane Monday and Thursday, and Coryell Tuesday and Friday.
- c. Close Coryell on Monday and Thursday, and Lyons Lane Tuesday and Friday.
- d. I don't like any of these choices; raise the budget, please.
- e. No opinion or not applicable.

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- 5. Were you ever denied entrance to a pool due to it reaching capacity? Select as many answers are as appropriate.**
 - a. Yes – Martha Custis.
 - b. Yes – Lyons.
 - c. Yes – Coryell.
 - d. No.
- 6. How do you rate the quality of the pools and pool houses?**
 - a. Great.
 - b. Adequate.
 - c. Poor.
 - d. No opinion or not applicable.
- 7. Was the pool shade adequate?**
 - a. Yes.
 - b. No, we need more trees.
 - c. No, we need more umbrellas.
 - d. No, we need both B and C.
 - e. No opinion or not applicable.
- 8. If the Recreation Committee were to host any of these events in the next season, please select the events that would be of interest to you. Select as many as you like.**
 - a. Movie night in/at the pool.
 - b. Kids' day at the pool, including pool races, other games, etc.
 - c. Adult happy hour (near the pool).
 - d. A volleyball tournament.
 - e. Other (write in).
 - f. No opinion or not applicable.
- 9. If there were a movie night or happy hour at the pool, would you be willing to pay a nominal fee to help fund it?**
 - a. Yes
 - b. No.
 - c. No opinion or not applicable.
- 10. Did you take advantage of this season's extended hours?**
 - a. Yes, on Monday or Thursday mornings at Martha Custis.
 - b. Yes, on weekday evening hours up to 8:00 pm.
 - c. Yes, I took advantage of both early morning and later evening hours (a & b).
 - d. No, I wasn't able to take advantage of the extended hours.

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- e. No opinion or not applicable.

11. What are your thoughts about designating one pool as a “Quiet Pool” (i.e., no splashing, loud talking, playing of music, etc.) on weekdays (Monday through Friday)? (select as many as are appropriate)

- a. Yes. Choose Coryell.
- b. Yes. Choose Lyons.
- c. Yes. Choose Martha Custis.
- d. Yes, before 5pm only.
- f. No opinion or not applicable.

12. If any of these options were to be considered for the 2026 pool season, please select the ones that you would personally be interested in taking advantage of:

- a. Designating a “Quiet Pool.”
- b. Offering swimming lessons for children.
- c. Offering exercise classes for adults.
- d. No opinion or not applicable.

13. If swimming lessons or exercise classes were offered, would you be willing to pay a nominal fee to help fund it?

- a. Yes.
- b. No.
- c. No opinion or not applicable.

14. Please indicate your biggest concerns regarding the 2025 pool season. Select up to three answers.

- a. No concerns; the pools are great!
- b. Pool house safety (e.g., standing water in bathrooms, etc.).
- c. Pool house cleanliness.
- d. Concerns about lifeguard training (e.g., not being aware of rules or role).
- e. Safety concerns with lifeguards taking care of the pools / watching swimmers.
- f. Issues with inappropriate toys and/or oversized floaties for pool space.
- g. Issues with rowdiness / lack of consideration by others when sharing pools.
- h. Issues with residents or their guests not following pool rules /policies.
- i. Other (*write in*).
- j. No opinion or not applicable.

15. What is your demographic of your condo? Select up to two answers.

- a. One adult.
- b. Two adults.
- c. Three adults.

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- d. Four adults.
- e. One child.
- f. Two children.
- g. Three children.
- h. Four or more children.

16. How old will your children be for the 2026 pool season? *Select as many answers are as applicable.*

- a. No children.
- b. Under the age of two years old.
- c. 3 – 4 years old.
- d. 5 – 6 years old.
- e. 7 – 8 years old.
- f. 9 – 10 years old.
- g. 11 – 12 years old.
- h. 13 years old.
- i. 14 – 15 years old.
- j. 16 – 17 years old.
- k. 18 years old or older.

17. Do you use a baby pool?

- a. Yes – Martha Custis.
- b. Yes – Lyons Lane.
- c. No.

18. If you are open to the Recreation Committee following up with you about any of your responses, please provide your email address. *(write in)*

19. Please share any other comments you may have. Thanks! *(write in)*