



Roofing Pilot Project Complete

By Scott Mulrooney, "Roofing Czar" and President of the UOA

On August 28th, Parkfairfax successfully completed its pilot project for the reroofing program. The pilot, first proposed to the Board of Directors by A&PB in July 2023, compared two different roofing materials on two different building types.

Roof #1 Brava Synthetic Tiles: Building 849 on Martha Custis Dr. was roofed with synthetic tiles manufactured by Brava in Washington, Iowa.

Roof #2 Ludowici Terracotta Tiles: Building 953 on Mount Eagle Pl was roofed with terracotta tiles manufactured by Ludowici in New Lexington, Ohio. Of note, Ludowici is the manufacturer of our original roof tiles in 1943.

Building 849, Roof #1, was under construction from June 2–12. Absolute Roofing was the contractor for that building and they did a fantastic job. The project was a good experience for our management, who appreciated Absolute Roofing's excellent communication and dedication to managing residents' expectations throughout. The office did not receive any complaints from residents during the process. Management is pleased to report that the work area was consistently maintained in a secure and tidy manner. Representatives from Brava also visited the job site several times during construction, ensuring the work met their quality standards. The Brava synthetic tile roof comes with a 50 year extended warranty, and a 10 year warranty on color fastness. The final cost of the project was \$65,228. Brava synthetic tile is made from 100% recycled plastic, providing a "green" alternative to our reroofing program. Parkfairfax was able to save thousands of the original 82-year-old roof tiles from the landfill and sell them to Reclaimed Roofs for \$2,275, further increasing the "green" nature of our reroofing program.

Building 953, Roof #2, was under construction from August 11–28, a week longer than the first building due to its size, complexity, and the nature of the material used needing to be installed by hand. Prime Roofing & Exteriors was the contractor for that building and they did an excellent job. The project was also a good experience for our management, who appreciated Prime Roofing's excellent communication throughout. As with the first

See **Roofing Project** continued on page 3.



Building 953 with Ludowici terracotta tiles.



Building 849 with Brava synthetic tiles.

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Parkfairfax Condominium Unit Owners Association

3360 Gunston Road, Alexandria, Virginia 22302

Phone: 703-998-6315 ♦ Fax: 703-998-8764

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BOARD OF DIRECTORS

Scott Mulrooney, President

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smulrooneyatlarge@parkfairfax.org

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Architecture & Planning Board

Term Expires: April 2027

Caitlin Counihan, Vice President

Ward 5 Representative

ccounihanward5@parkfairfax.org

parkfairfax.org

Activities Committee

Term Expires: April 2028

Robin Davis, Secretary

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Elections Committee &

Landscape Committee

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Covenants Committee

Term Expires: April 2028

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Land Use Committee

Term Expires: April 2026

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Term Expires: April 2028

Jim Wicker

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Recreation Committee

Term Expires: April 2027

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Planning Board

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Finance Committee

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Landscape Committee

Scott Knudsen

cscottknudsen@gmail.com

Recreation Committee

Lisa Harger

pfx.lisa.harger@gmail.com

Transportation and

Land Use Committee

Bob Gronenberg

bob2@comcast.net

MAIN OFFICE:

Do not hesitate to contact any management team member for comments, concerns, questions, and complaints.

General Manager

-Vacant-

Assistant General Manager

Dana Cross, ext. 104

dcross@parkfairfax.org

Covenants and

Communication Director

Lolita Clark, ext. 102

lclark@parkfairfax.org

USP/Service Coordinator

Guy Andrew, ext. 103

gandrew@parkfairfax.org

Management Assistant

Ben Shimiles, ext. 106

BShimiles@parkfairfax.org

Accounting Coordinator

Tamara Kanouff, ext. 108

accounting@parkfairfax.org

Administrative Assistant

Viante Butler, ext. 100

Admin@parkfairfax.org

Hours:

Monday - Friday: 8 am - 5 pm

2nd Saturday: 9 am - 12 pm

MAINTENANCE OFFICE:

Director of Operations

Alonzo Alexander

AAlexander@parkfairfax.org

Maintenance Administrative

Assistant

Jennifer Jett-Bowling

jjett-bowling@parkfairfax.org

Landscape Manager

Patrick Falvey

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1200 W. Glebe Road

Phone: 703-578-3427

Fax: 703-578-9785

HOURS:

Monday - Friday: 7 am - 3:30 pm

After Hours Emergency Number:

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Police Officer

Sergeant Derek Santos

Derek.Santos@alexandriava.gov

Barkan Management Co.

8229 Boone Blvd Suite 885

Tysons, VA 22182

(703) 388-1005

To reach all board members and our management team at once, email us at boarddirectors-mgmt@parkfairfax.org.

Meetings begin at 7 p.m. at the Association Office and is also available via Zoom. The meeting agenda is posted on the bulletin board outside of the main office. Board package material is available for residents to review at the Association Office and website, www.parkfairfax.org.

The Newsletter deadline is the 10th of each month preceding publication month. Email editorial announcements, commercial and classified ads to Lolita Clark, lclark@parkfairfax.org.

Publication of advertisements in no way implies an endorsement of the products or services by Parkfairfax Condominium Unit Owners Association or its Board. The opinions of columnists and letter writers are their own and in no way reflect the opinions of Parkfairfax Condominium Unit Owners Association or its Board. *It is up to the advertiser to keep track of when the ad expires. You will not receive notice from Parkfairfax that the ad has expired.*

Letters to the Editor of 150 words or less are welcomed from owners, mortgagees or residents of Parkfairfax. It must be signed and include your unit address and phone number (address and phone number will not be published) and submitted by the 10th of each month preceding publication.

September Board Meeting Highlights

- The Board APPROVED the July 2025 Reserve Expenditures in the amount of \$649,135.17, with funds coming from GL 9901.015, Reserve Expenditures.
- The Board APPROVED installing four pickleball courts at the Martha Custis Tennis courts. Management will decide on the configuration, with funding limited to \$1,000 from the Capital Improvement Fund.
- The Board APPROVED a landscape contract with Lancaster Landscapes Inc. for \$381,000 starting January 1st.
- The Board APPROVED Anita Van Breda as the Chair of the Covenants Committee.
- The Board APPROVED \$750 to install two U-Racks for parking bikes in front of the Parkfairfax Exercise Facility.

Covenants Committee Volunteers

The Covenants Committee needs two volunteers to serve for a one-year term. Current members may be reappointed. The Covenants Committee advises and assists the Board of Directors in monitoring and enforcing compliance with the provisions of the Condominium Instruments and the Book of Resolutions.

In addition, the Covenants Committee performs functions that include but are not limited to receiving, reviewing, and approving applications for alterations, changes, and additions to units or common elements (subject to appeal to the Board of Directors). The Covenants Committee meets monthly on the second Tuesday at 7 p.m. If you are interested in becoming a member of the Covenants Committee, please submit a letter of interest and/or your resume to Dana Cross, Assistant General Manager, by December 5, 2025 or email Dana at dcross@parkfairfax.org.



Cover image by Rob Schneider

Roofing Project continued from page 1.

building, the office did not receive any complaints from residents during the process and Management was pleased that the work area was clean and secure at the end of each workday. The Ludowici terracotta tile roof comes with a 75-year warranty, and a 100-year useful life. The final cost of the project was \$105,679. Similar to building 849, we were able to save thousands of the original 82-year-old roof tiles from the landfill and sell them to Reclaimed Roofs for \$2,575 mitigating the environmental impact of our reroofing program while also increasing our income.

Lessons Learned: We learned several valuable lessons while implementing the pilot project, which, of course, was the intent. Some of the lessons learned were: the impact on building residents in terms of safety and inconvenience; potential damage to gardens, patios and decks; completion time for each building type and roofing material; building code requirements; potential damage to personal items stored in attics; impact to living spaces directly below attics; number of dumpsters and parking spaces required and for how long; potential impact on our insurance; potential damage to fascia, gutters and downspouts; percentage of original decking material that needed to be replaced (6% avg); need for generators and porta potties.

Take time to go visit each building and walk around them so you can judge for yourself which material you prefer. There are samples of both types of tiles in the lobby of the office, if you wish to more closely inspect the tiles installed on the roofs in the pilot project.

The next step is for the Board of Directors to choose one of these materials for the remaining 283 buildings and to set our reroofing program in motion. They will make this decision at the October 15th board meeting. Make sure to contact your Ward representative with your thoughts on this very important project.

Election Committee Volunteers

The Elections Committee needs volunteers as required by the Bylaws. The Board of Directors must appoint an Elections Committee of at least three unit owners no later than 90 days prior to the Annual Meeting.

The primary responsibility of the Elections Committee is to oversee the nomination and election of members to the Board of Directors in accordance with the Bylaws and procedures adopted by the Board. If you are interested in joining, please send a letter of interest or resume to Dana Cross at dcross@parkfairfax.org by November 10, 2025.

Parkfairfax Activities

Presented by the Parkfairfax Activities Committee

2025 Parkfairfax Upcoming Activities

Mark your calendars now for these exciting events!

Newsflash:

**Parkfairfax Yard Sale Open to
Parkfairfax Artists and
Entrepreneurs Too!**



**Saturday
October 18, 2025
8am-12pm**
(Set up starts at 7am)
[Rain date: Sunday Oct 19th]

Valley Dr. parking lot near the
intersection Gunston Rd.

**Join in the fun and reserve a table
to sell your wares at the Parkfairfax
Yard Sale!**

Table/Space Rental: \$12.00 per table
(50 table maximum). **Payment:** via
Venmo, Zelle or check - details in the
registration form. **Registration:** begins
September 5th via this link:

<https://forms.gle/nTmUyjuWcRcfWVX96>

Questions: pfx.yardsale2023@gmail.com

Wine & Cheese Event

**Saturday,
November 8th, 2025
5-7pm**

Community Room
3360 Gunston Road



Holiday Tree Lighting with the Alexandria Choral Society

**Saturday
December 6th, 2025
5-6pm**

The Island at the
corner of Preston Rd.
and Valley Dr.



These events are hosted by the Parkfairfax Activities Committee. The Activities Committee meets on the first Wednesday of every month at 6:30pm in the Parkfairfax Community Room (Mgmt Office) at 3360 Gunston Road.

A Friendly Reminder to be Kind to Your Pipes

By Guy Andrew

When Parkfairfax became a condominium complex in the late 1970s, a modest renovation of the waste piping took place. The “newer” piping under your kitchen sink still connects to the 1940s sanitary (stack) sewer piping within the walls and in the crawlspaces. These original sanitary (stack) sewer pipes are now 84 years old.



Be kind to your pipes! Here are a few suggestions from the Parkfairfax Building Maintenance staff to keep everything “flowing” smoothly.

Garbage Disposal Use

Remember that garbage disposals are not intended to be used for bulk garbage, grease, or huge amounts of food waste. The pipes that connect your garbage disposal to the main lines are the most prone to clogging with food waste and grease accumulation. This portion of the piping can be quite difficult to clear with a mechanical drain cleaner (“snake”).

The garbage disposal is designed for clearing the sink of incidental food wastes that are a natural part of dishwashing. Be cautious with fibrous/stringy fruits and vegetables that can bind up the blades and burn out the motor. These food items are also notorious for clogging the drain. Cooking oil, paint, solvents, etc., should never be poured down the drain. Dispose larger portions of food and grease in the trashcan before bringing dishes and cookware to the sink for cleaning.

We have a fantastic optional compost program if you are interested in reducing waste and debris in the trash and down the garbage disposal. Visit <https://compostcrew.com/> to sign up.

To Flush or Not to Flush?

We’ve seen some things over the years that would surprise you. Some of the items residents have flushed and we have later been called to extract from their drains or stack pipes include cat litter, women’s hygiene products, sanitary and baby wipes, paper towels, and small toys. Only human waste and toilet paper should be flushed down your toilet.

Strain your Drain!

Last but not least, we recommend proper strainers for all your drains. This includes your tubs. Even short hair can clog tub drains.

If you have any questions, please contact our office at 703-99-6315, or email gandrew@parkfairfax.org.

Writers and Photographers Wanted for the *Parkfairfax Forum*

Love to write? Enjoy snapping photos around the neighborhood? The *Parkfairfax Forum* is looking for residents to help us showcase the best of our community!

We’d love stories and photos about our shared amenities—whether it’s a feature on the pickle ball courts, a snapshot of your pet enjoying a walk, or a write-up about the latest committee project. The Forum is all about celebrating what makes Parkfairfax such a fun and welcoming place to live. We would love to publish photos of improvements you’ve made to your unit (inside or out). Did you update your kitchen? Refinish your parquet floors? Re-arrange the patio and add more landscaping? Were your hydrangeas just gorgeous this year? Send in some photos. We like to be inspired and so would your neighbors!

You don’t need to be a professional writer or photographer—just someone who enjoys sharing experiences and helping neighbors stay connected. Even a short article or a few photos can make a big difference.

Interested? Reach out to the newsletter team at PFXNews@parkfairfax.org. We’d love to hear your ideas!

P.S. If you have some photos you have taken of Holiday decorations or Holiday events in Parkfairfax in the last couple of years, please send us a few of those for our November and December newsletters.

Election Signs

Election signs are allowed as long as they are displayed tastefully and placed either inside a closed storm or screen door, or behind a window within the unit. Signs may express support for a candidate, issue, or ballot question in elections for the City of Alexandria, the Commonwealth of Virginia, the Parkfairfax Board of Directors, or any locally voted-upon Federal election.

If displayed inside a storm or screen door, signs may cover no more than half of the interior space of a full-view door. If displayed behind a window, signs must not exceed 26 inches square.

Election signs may be put up no earlier than thirty (30) days before the scheduled voting day and must be removed within seventy-two (72) hours after the election.



The Pets of Parkfairfax

An Interview with Lacey Bumbershoot



Meet Lacey

What's your favorite Holiday? Any day that my mommy spends with me.

Would I know your parront? I don't know. Lots of people do. My mommy is Lisa Harger.

What are you going to ask Santa for this year? More treats!!!

What is your favorite outdoor activity? Riding in the car.

What's your favorite thing to do in Parkfairfax? Inspect the people from Buy Nothing; supervise my neighbor; and bark at the mailman.

Do you have any dog or cat friends in Parkfairfax? I have a birdie sister (ew, Lucy). I would like to make friends with a small dog who wants to exchange polite barks from a safe distance.

If we see you on a walk with your human would you let us pet you? Sometimes I invite people to pet me, but then they try to do it with scary hands. I prefer hands-off admiration.

Parkfairfax provides plenty of open spaces to exercise your four-legged friends. However, there are several rules in Policy Resolution #7 (Pet Policy) that need to be heeded. The office has received numerous complaints regarding pet rule violations. The most common complaints are failure to follow the rules below.

- **Leashes:** All dogs must be on a leash per the City of Alexandria code. Cats also must be on a leash per Parkfairfax Policy. Parkfairfax does not allow unleashed free play areas, so pets must always be on a leash.
- **Pet waste must be removed and disposed of immediately.** We provide collection cans through-out the property.
- **Property Damages:** Owners are responsible for any damage to grass areas, flower beds, shrubbery, etc., done by their pets.
- **Failure to follow the rules can result in covenant violations.**
- **All pets must be registered with the Association.**
- **Additional Pet:** Pet owners must seek and receive approval from the Board of Directors to keep more than one pet per unit.

We ask that everyone please be responsible when out with their pets and respect their neighbors.

Pet Policy PR #7 can be found on our website, along with a map showing the location of pet waste receptacles.

How long have you lived in Parkfairfax? Over 5 years.

What Ward do you live in? Ward 1.

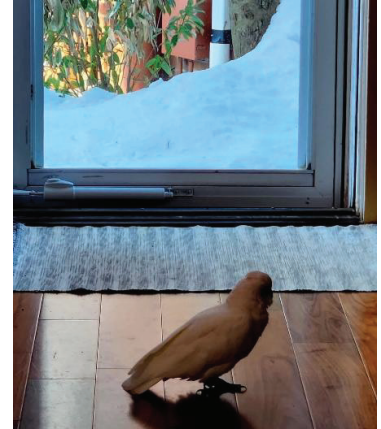
What kind of dog are you? I'm a bare-eyed cockatoo who identifies as a dog.

How old are you? I don't know; I was adopted 7 years ago. The veterinarian thinks I'm in my 30's.

Have you ever been to the September Doggie Dip? Ew, chlorine.



Almonds are delicious



Snow day inspection



Just playing



Feeling pensive

When people are introduced to you for the first time what is the one question they always ask your human about you? "Does she talk?" (Answer: No, Lacey does not talk. She barks, laughs, and makes kissing and trumpet sounds.)

What is your favorite game? I like it when people read to me.

First thing you ever chew'd up (accidentally of course)? I have toys, but sometimes I prefer the baseboards and/or the kitchen cabinets.

What's your best trick? I can eat a whole almond without a nutcracker. (I can also twirl a pistachio nut in my beak.)

Ever chased a squirrel? No, but I've chased (and killed) a moth before!

FINAL QUESTION:

Do you have a message for the humans of Parkfairfax? ADOPT! Don't shop.

Want to see an interview with your pet on the Pets of Parkfairfax page? Send a word document containing the text of your interview with your pet, and a few pictures to go along with the interview to PFXNews@parkfairfax.org. You can use our standard questions (like this article) or make up your own! We know there are some very interesting pets to meet... and some real characters! Send in your interviews, we can't wait to read 'em!



PARKFAIRFAX'S FIRST ANNUAL
TRICK OR TREAT NIGHT "FOR PETS"
Friday Oct 31st
5-8pm, Rain or Shine!

Take your pet trick or treating in Parkfairfax!

Follow a "Trick or Treat Map" showing the location of "pawticipating" homes.

Maps will be available for pickup at the Parkfairfax Main Office or
on the web at [Facebook.com/ParkfairfaxOfficialPage](https://www.facebook.com/ParkfairfaxOfficialPage)

SPECIAL EXTRAS: The first 50 homeowners who email us at PFXNews@parkfairfax.org and ask to be added to the map to hand out dog treats will be able to pick up from the PFX Main Office a very large foil Halloween jack-o-lantern to display on or near their door during October. The first fifty (50) homes to sign up will also receive four (4) special trinkets to hand out to the owners of the pets wearing their favorite costumes. Send us a picture of your pet (in costume) or trick or treating in Parkfairfax to PFXNews@parkfairfax.org and we will publish it in our December newsletter.

Want to add your home to the Trick or Treat map?
Email PFXNews@parkfairfax.org



**BLAST
FROM THE
PAST**

September 1978

Parkfairfax Condominium

UNIT OWNERS ASSOCIATION

1401 MARTHA CUSTIS DRIVE • ALEXANDRIA, VIRGINIA 22302
TELEPHONE (703) 836-5506

September, 1978

Vol. 1, No. 9

WELCOME TO VILLAGE II

VILLAGE II RECORDED AND SETTLEMENTS BEGIN

Parkfairfax Condominium became one of the largest single condominium projects in the Washington Metropolitan Area September 8, 1978 with the creation of condominium Units ("recordation") in Village II.

The 547 Units in Village II, added to the 335 Units in Village I, bring the total number of Units in Parkfairfax Condominium to 882. Present plans call for the creation of condominium Units in Village III early next year, which will bring the total to nearly 1,200 condominium Units. Village IV, which will bring the final total to 1684 units, is scheduled for recordation in 1979.

Settlements in Village II began September 9 at the Charles Barrett Elementary School. The first settlement saw 18 Units closed. Subsequent settlements will be held every Saturday, as in Village I, with the completion of settlements sometime late this year.

The Parkfairfax Condominium Unit Owners Association welcomes all new Unit Owners and residents in Village II, and invite them to share in the activities and responsibilities of the Association. Committees, activities, and programs are available for the full and active participation of every Parkfairfax Condominium resident and Unit Owner. A calendar of activities for the coming month is printed at the back of each newsletter. The names, addresses, and telephone number of the chairpersons of the committees at Parkfairfax Condominium are also printed in each newsletter.

For the benefit of the Village II owners, this month's newsletter contain items previously published that are important to the full enjoyment and understanding of condominium living at Parkfairfax.

ASSESSMENT RATES TO INCREASE

A reminder that assessment rates will increase October 1, for fiscal year 1979. The table below shows the present and new assessment rates for each Unit-type at Parkfairfax Condominium.

Assessment payments are due on the first day of each month. NOTE TO VILLAGE II OWNERS: YOUR FIRST CONDOMINIUM ASSESSMENT IS DUE THE FIRST DAY OF THE MONTH FOLLOWING SETTLEMENT. This means that if you settle in September, your first payment is due October 1.

A late fee of \$10.00 is imposed on all payments received by CMC after the 10th day of each month.

The following table shows the present and new assessment rates:

COMPARISON TABLE OF ASSESSMENT RATES

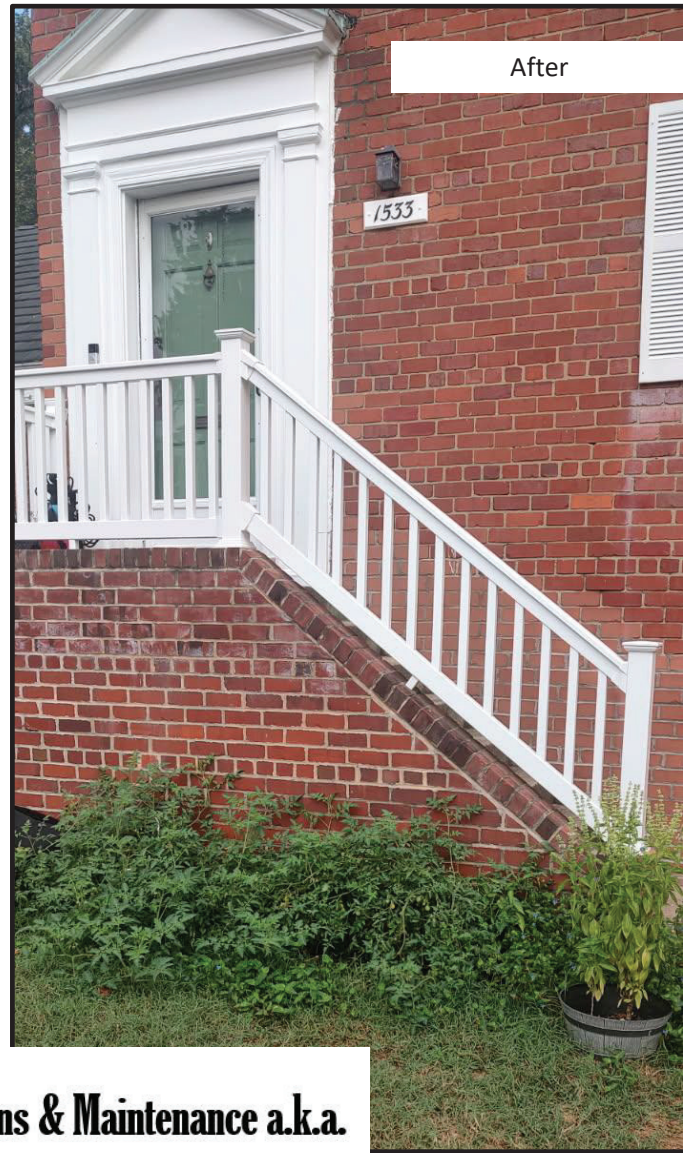
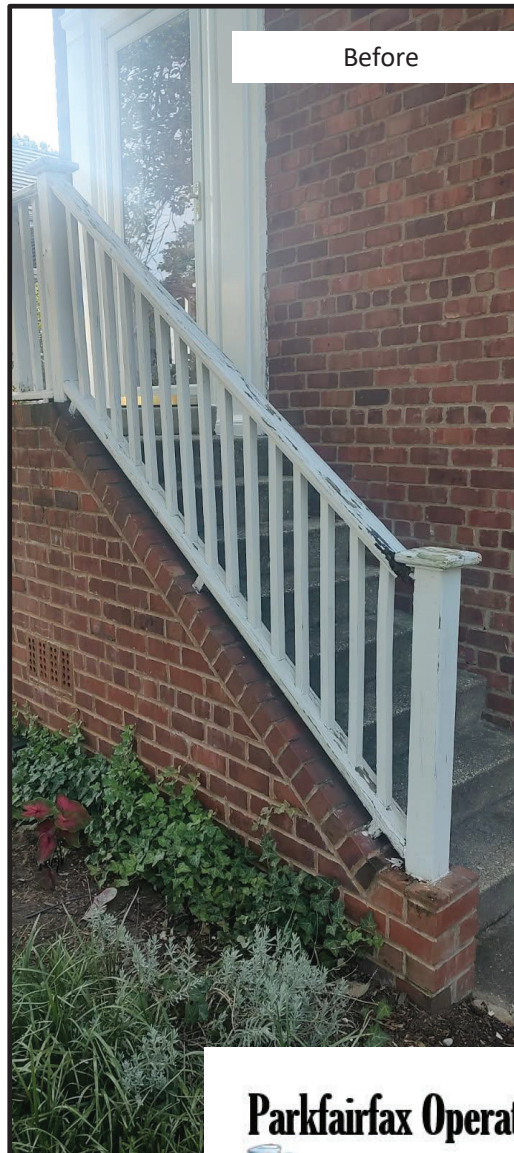
Unit Type	Present		New	
	\$		\$	
1-A The Jackson	57.00	61.80	64.60	70.04
1-B The Jefferson	60.37	66.25	68.42	73.86
1-C The Monroe	56.25	61.80	63.75	69.10
1-D The Adams	58.50	64.10	66.30	71.50
1-E The Garfield	67.50	70.12	76.50	79.47
2-A The Lincoln	69.75	71.85	79.05	81.43
2-A1 The Madison	69.75	71.85	79.05	81.43
2-B	69.75	71.85	79.05	81.43
2-B1	69.75	71.85	79.05	81.43
2-C The Washington	79.50	83.55	90.10	94.69
2-D The Cleveland	83.55	87.75	94.69	99.45
3-A The Van Buren	87.75	93.00	99.45	105.40
3-B The Harrison	93.00	112.20	105.40	127.16
3-C The Coolidge	112.20		127.16	
4-A				

CMC will send you a new set of assessment coupons for fiscal year 1979 (October 1, 1978 through September 30, 1979) this month. IF YOU DO NOT RECEIVE YOUR COUPONS BY OCTOBER 1, SEND IN YOUR PAYMENT BASED ON THE ABOVE TABLE AND NOTE YOUR BUILDING NUMBER AND ADDRESS ON THE CHECK.

Parkfairfax Transformations!

Parkfairfax Operations & Maintenance Director: Alonzo Alexander

Our maintenance team has been hard at work keeping Parkfairfax in top shape! These photos show just a few examples of recent projects—from repairs and clean-ups to fresh landscaping. The “before” shots highlight areas in need of attention, while the “after” photos show the improvements that help keep our community safe, attractive, and well cared for. We’re proud to share these updates as a reminder of how regular maintenance preserves the value of our homes and enhances the quality of life for all residents.



Parkfairfax Operations & Maintenance a.k.a.



The Big Bad Wolf Response Team

... Because even brick homes need maintenance.



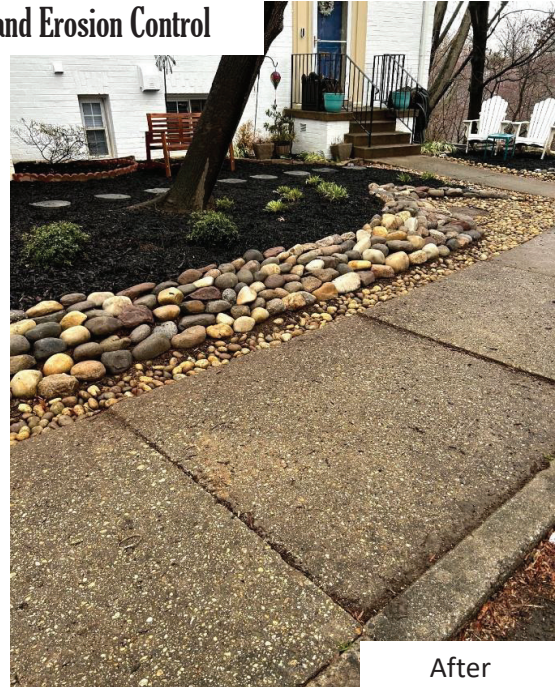
Bldg 947/1533 Vinyl Railing Installation

Parkfairfax Transformations!

Bldg 839 Ground Restoration and Erosion Control



Before



After

Parkfairfax Operations & Maintenance a.k.a.



The Big Bad Wolf Response Team

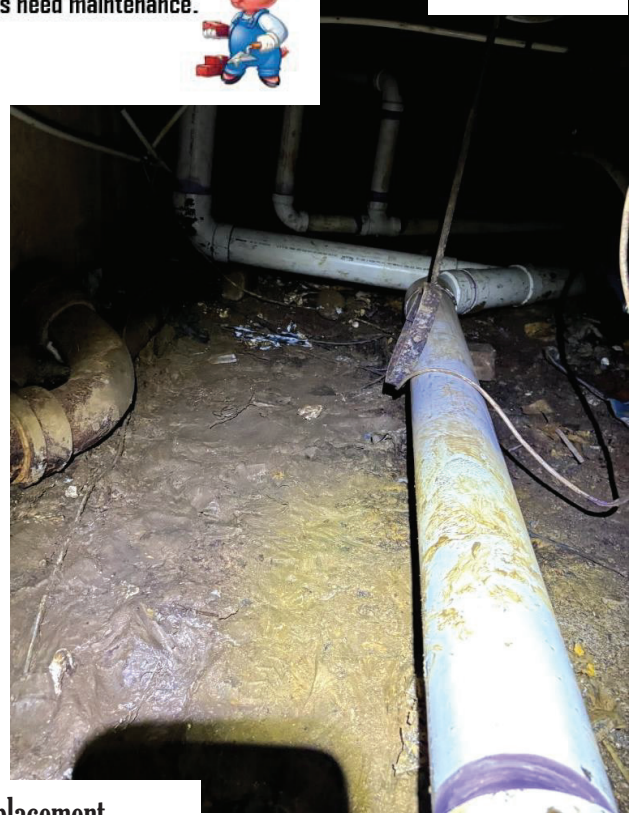
... Because even brick homes need maintenance.



Before



After



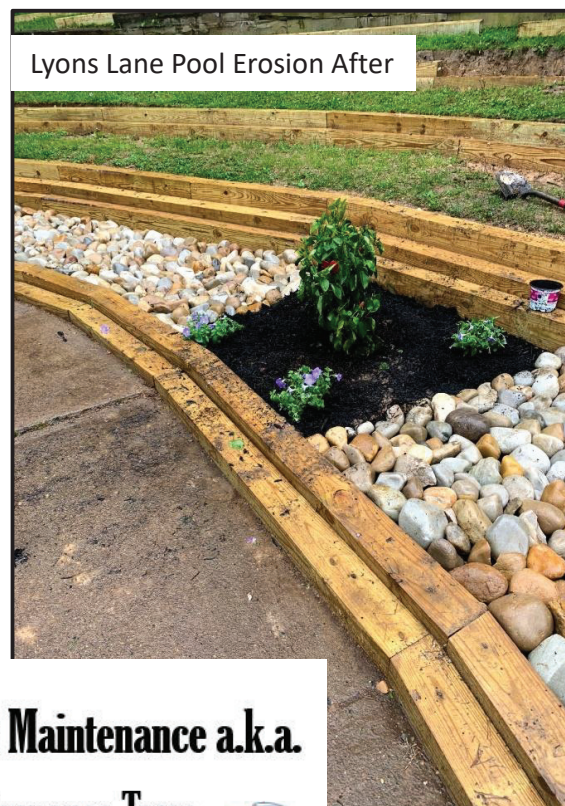
Bldg 537 Sewer Line Replacement

Parkfairfax Transformations!

Parkfairfax Operations & Maintenance Director: Alonzo Alexander



Lyons Lane Pool Erosion Before



Lyons Lane Pool Erosion After

Parkfairfax Operations & Maintenance a.k.a.



The Big Bad Wolf Response Team

... Because even brick homes need maintenance.



Bldg 210 Flagstone Repairs Before



Bldg 210 Flagstone Repairs After

Join the Meetings Virtually

Architectural & Planning Board Meeting

Web access: <https://us06web.zoom.us/j/87615605296>

Phone Dial-In: 301-715-8592

Meeting ID: 876 1560 5296 Passcode: 586277

Buildings & Utilities Committee Meeting

Web access: <https://us06web.zoom.us/j/82057874372>

Phone Dial-in: 888-788-0099 US Toll-free

Meeting ID: 820 5787 4372 Passcode: 596956

Board of Directors Meeting

Web access: <https://zoom.us/j/95236782815>

Phone Dial-In: 877-853-5247

Meeting ID: 952 3678 2815 Passcode: 389608

Communications Committee Meeting

Web access: <https://us06web.zoom.us/j/83833639396>

Phone Dial-in: 301-715-8592

Meeting ID: 838 3363 9396 Passcode: 215818

Covenants Committee Meeting

Web access: <https://us06web.zoom.us/j/89947324303>

Phone Dial-In: 833-548-0276

Meeting ID: 899 4732 4303 Passcode: 336001

Election Committee Meeting

Web access: <https://us06web.zoom.us/j/81331967290>

Phone Dial-in: 301-715-8592

Meeting ID: 813 3196 7290 Passcode: 293130

Finance Committee Meeting

Web access: <https://us06web.zoom.us/j/96204170334>

Phone Dial-in: 888-788-0099 US Toll-free

Meeting ID: 962 0417 0334 Passcode: 586277

Landscape Committee Meeting

Web access: <https://us06web.zoom.us/j/86074068749>

Phone Dial-In: 888-788-0099

Meeting ID: 860 7406 8749 Passcode: 484695

Recreation Committee Meeting

Web access: <https://us06web.zoom.us/j/81198276690>

Phone Dial-in: 301-715-8592

Meeting ID: 811 9827 6690 Passcode: 336001

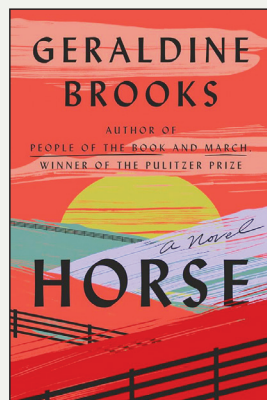
BOOK CLUB

Horse

by Geraldine Brooks

Tuesday, October 21, 7 pm

Parkfairfax Community Room (next to the office)



Kentucky, 1850. An enslaved groom named Jarret and a bay foal forge a bond of understanding that will carry the horse to record-setting victories across the South. When the nation erupts in civil war, an itinerant young artist who has made his name on paintings of the racehorse takes up arms for the Union. On a perilous night, he reunites with the stallion and his groom, very far from the glamor of any racetrack.

New York City, 1954. Martha Jackson, a gallery owner celebrated for taking risks on edgy contemporary painters, becomes obsessed with a nineteenth-century equestrian oil painting of mysterious provenance.

Washington, DC, 2019. Jess, a Smithsonian scientist from Australia, and Theo, a Nigerian-American art historian, find themselves unexpectedly connected through their shared interest in the horse—one studying the stallion's bones for clues to his power and endurance, the other uncovering the lost history of the unsung Black horsemen who were critical to his racing success.

We generally meet the third Tuesday of every month; everyone is welcome. Light snacks/drinks will be available. Please contact Catherine Kitchell at catherinekitchell@gmail.com to be added to the mailing list or for any additional information.



Image by Rob Schneider

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HOME IMPROVEMENT

Electrical Services, Allegro LLC: Virginia Class A electrical contractor. Electric panels, fans, base-board heaters, recessed lights. Licensed and insured. ALLEGRO LLC 703-314-1287. info@allegrollc.net.

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B & A Housecleaning: Cleaning homes in Fairlington and all areas for 40 years. Excellent references and prices, we provide our own equipment and supplies. For special jobs hourly rates are available. Window cleaning services are provided with an appointment. Call us for a free estimate (703) 501-9007 or email us using bc42happy@gmail.com.

PET & PLANT SERVICES:

THE GARDEN CONTESSA: Three individual 45-minute sessions offered January–March for only \$150—just in time for spring! Learn how to prepare, plant, grow, and care for your garden. References available from our current 2024 students. To book your sessions, call or text Contessa at 703-548-1882.

MISCELLANEOUS

Meditation—Virtual Group and Individual Sessions: Experienced meditation teacher with 16 years of Tibetan training. Teaching meditation for 11 years at George Washington University, Milken Institute, School of Public Health. For more information, email Mimi at mmmalfitano@comcast.net or call or text 703 201 3923.

Private English Tutoring Services: College Essay, AP Prep, Reading Comprehension, Writing, Grammar. In-Person or Virtual. Retired FCPS English/Journalism Teacher (TJHSST, Falls Church HS). Former journalist, published in *The Washington Post*, *LA Times*, *Salon*, *Billboard*, among others. Parkfairfax Resident. Rochelle L Levy, 703-945-7735. rlevytutoring@gmail.com.



Many residents will be using the exercise facility during the fall and winter. There may be times when it gets very crowded.

- Please be patient and show respect to the other residents using the exercise facility.
- Limit your use of any cardiovascular equipment to 30 minutes.
- Physical trainers and classes are not allowed in the exercise facility.
- Children 18 years old and under are not allowed inside the exercise facility. (The equipment is for adults. Dangerous for children.)

If you witness an incident in the exercise facility—someone not following the rules or someone behaving badly—please contact 703-998-6315 and provide details about the incident, the date, and the time so that the Parkfairfax Office can make contact with those involved.

Enjoy the fitness center, and your neighbors! Stay fit and stay healthy.

THE GARDEN CONTESSA

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October 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 Activities Committee Meeting, 6:30pm A&PB Committee Meeting, 7 pm	2 Finance Committee Meeting, 6:30pm	3	4
5	6 Recreation Committee Meeting, 7 pm	7 Landscape Committee Meeting, 7 pm	8 Building and Utility Committee Meeting 7 pm	9 Large Item Pick-Up	10 Newsletter Submission Deadline	11 Office open, Walk-Ins Only 9 am – Noon
12	13 Columbus Day	14 The Writers Group, 7 pm Covenants Committee Meeting, 7 pm	15 Board Meeting 7 pm	16	17	18 Yard Sale 8 am – Noon
19	20	21 Book Club 7 pm	22	23 Communications Committee Meeting 7 pm Large Item Pick-Up	24	25
26	27	28	29	30	31 Pet Trick o' Treat 5 – 8 pm Halloween 	1

Please see "Join the Meeting" section inside for Zoom and call-in details. Please call office if you have any questions, (703) 998-6315.