

# Parkfairfax FORUM

The Official Newsletter of the Parkfairfax Unit Owners Association  
www.Parkfairfax.org

September 2025  
Volume 47, Issue 9

## Fall is THE BEST Time to Plant!

By Scott Knudsen

Parkfairfax residents should know that our fall season is the most optimal time to plant trees and other plants in our region. New plantings will have the most time to establish healthy root systems before the next harsh summer arrives. Our summer months are much harder for new plantings (with undeveloped roots) to survive than are our winter months. (Spring is a nice time to add an additional few plants to an already established plant community in one's garden.)

Plants native to our region are an excellent choice for landscaping in Parkfairfax. They have a number of advantages over nonnative plants. Native plants are better for our woodlands and our wildlife, and they are more sustainable.

Because they evolved here and are adapted to our climate and soils, they are typically hardier and require less care once established than traditional garden plants. (They tend to be more drought-resistant, require no fertilizer, and tolerate pests and diseases well.) Using them in your landscaping will generally reduce your water use, reduce maintenance, and cut down on the need for chemicals that harm wildlife and our watershed.

Native plants provide important food sources for many species of birds, butterflies and other desirable fauna that we appreciate here in Parkfairfax. Native plant species are much more likely to

support the insects that the birds eat, and butterflies are often dependent upon specific native plants to support their entire life cycle.

Native plants also don't pose the terrible risk that nonnative plants present to our woodlands in Parkfairfax. Nonnative vines frequently escape our gardens and plague our woodland trees,

See **Native Plants** continued on page 8.



Fringe Tree (*Chionanthus virginicus*)  
Photo by W.D. and Dolphia Bransford



Virginia Bluebells (*Mertensia virginica*)  
Photo by Scott Knudsen

## IN THIS ISSUE:

Board Meeting Highlights.....	3
New to Parkfairfax? .....	3
Book Club .....	3
Pet Waste Receptacles .....	3
Parkfairfax Activities.....	4
Responsibly Enjoying the Outdoors with Our Pets .....	5
Join Condo Meetings Virtually .....	5
How and Why HOAs Work.....	6
Community Room Rental.....	6
Alexandria Native Plant Sale Info .....	7

# Parkfairfax Condominium Unit Owners Association

3360 Gunston Road, Alexandria, Virginia 22302

Phone: 703-998-6315 ♦ Fax: 703-998-8764

Website: [www.Parkfairfax.org](http://www.Parkfairfax.org)

## BOARD OF DIRECTORS

**Scott Mulrooney, President**

*At-Large Representative*

[smulrooneyatlarge@parkfairfax.org](mailto:smulrooneyatlarge@parkfairfax.org)

[parkfairfax.org](http://parkfairfax.org)

*Architecture & Planning Board*

*Term Expires: April 2027*

**Caitlin Counihan, Vice President**

*Ward 5 Representative*

[ccounihanward5@parkfairfax.org](mailto:ccounihanward5@parkfairfax.org)

[parkfairfax.org](http://parkfairfax.org)

*Activities Committee*

*Term Expires: April 2028*

**Robin Davis, Secretary**

[secretary@parkfairfax.org](mailto:secretary@parkfairfax.org)

*Elections Committee &*

*Landscape Committee*

**Mike Rothenberg, Treasurer**

*Ward 1 Representative*

[rothenbergward1@gmail.com](mailto:rothenbergward1@gmail.com)

*Finance Committee*

*Term Expires: April 2027*

**Elaine Lawler**

*Ward 2 Representative*

[elawlerward2@parkfairfax.org](mailto:elawlerward2@parkfairfax.org)

*Covenants Committee*

*Term Expires: April 2028*

**Jeff Lisanick**

*Ward 3 Representative*

[jlisanick@hotmail.com](mailto:jlisanick@hotmail.com)

*Transportation &*

*Land Use Committee*

*Term Expires: April 2026*

**Scott Buchanan**

*Ward 4 Representative*

[sbuchananward4@parkfairfax.org](mailto:sbuchananward4@parkfairfax.org)

[parkfairfax.org](http://parkfairfax.org)

*Communications Committee*

*Term expires: April 2026*

**Dave Bush**

*At-Large Representative*

[akhetequus@earthlink.net](mailto:akhetequus@earthlink.net)

*Term Expires: April 2026*

**Lucille Eddy**

*At-Large Representative*

[leddyatlarge@parkfairfax.org](mailto:leddyatlarge@parkfairfax.org)

*BUC Committee*

*Term Expires: April 2028*

**Jim Wicker**

*At-Large Representative*

[jwickeratlarge@parkfairfax.org](mailto:jwickeratlarge@parkfairfax.org)

*Recreation Committee*

*Term Expires: April 2027*

## COMMITTEE CHAIR CONTACTS

**Activities Committee**

Joyce Frank

[jafrankdesign@hotmail.com](mailto:jafrankdesign@hotmail.com)

**Architecture and**

**Planning Board**

Gary Hucka

[ghucka@verizon.net](mailto:ghucka@verizon.net)

**Building and Utilities Committee**

Dan Ebeling

[BUC@parkfairfax.org](mailto:BUC@parkfairfax.org)

**Communications Committee**

–Vacant–Temporary Contact:

Scott Buchanan

[sbuchananward4@parkfairfax.org](mailto:sbuchananward4@parkfairfax.org)

**Covenants Committee**

Eric Keber

[covenants@parkfairfax.org](mailto:covenants@parkfairfax.org)

**Elections Committee**

Alexandra Swan

[elections@parkfairfax.org](mailto:elections@parkfairfax.org)

**Finance Committee**

Greg Drone

[Gdrone@comcast.net](mailto:Gdrone@comcast.net)

**Landscape Committee**

Scott Knudsen

[cscottknudsen@gmail.com](mailto:cscottknudsen@gmail.com)

**Recreation Committee**

Lisa Harger

[pfx.lisa.harger@gmail.com](mailto:pfx.lisa.harger@gmail.com)

**Transportation and**

**Land Use Committee**

Bob Gronenberg

[bob2@comcast.net](mailto:bob2@comcast.net)

## MAIN OFFICE:

*Do not hesitate to contact any management team member for comments, concerns, questions, and complaints.*

**General Manager**

–Vacant–

**Assistant General Manager**

Dana Cross, ext. 104

[dcross@parkfairfax.org](mailto:dcross@parkfairfax.org)

**Covenants and**

**Communication Director**

Lolita Clark, ext. 102

[lclark@parkfairfax.org](mailto:lclark@parkfairfax.org)

**USP/Service Coordinator**

Guy Andrew, ext. 103

[gandrew@parkfairfax.org](mailto:gandrew@parkfairfax.org)

**Management Assistant**

Ben Shimiles, ext. 106

[BShimiles@parkfairfax.org](mailto:BShimiles@parkfairfax.org)

**Accounting Coordinator**

Tamara Kanouff, ext. 108

[accounting@parkfairfax.org](mailto:accounting@parkfairfax.org)

**Administrative Assistant**

Viante Butler, ext. 100

[Admin@parkfairfax.org](mailto:Admin@parkfairfax.org)

**Hours:**

Monday – Friday: 8 am – 5 pm

2nd Saturday: 9 am – 12 pm

## MAINTENANCE OFFICE:

**Director of Operations**

Alonzo Alexander

[AAlexander@parkfairfax.org](mailto:AAlexander@parkfairfax.org)

**Maintenance Administrative Assistant**

Jennifer Jett–Bowling

[jjett-bowling@parkfairfax.org](mailto:jjett-bowling@parkfairfax.org)

**Landscape Manager**

Patrick Falvey

[pfalvey@parkfairfax.org](mailto:pfalvey@parkfairfax.org)

1200 W. Glebe Road

Phone: 703-578-3427

Fax: 703-578-9785

**HOURS:**

Monday – Friday: 7 am – 3:30 pm

After Hours Emergency Number:

1-866-370-2977

**Police Officer**

Sergeant Derek Santos

[Derek.Santos@alexandriava.gov](mailto:Derek.Santos@alexandriava.gov)

**Barkan Management Co.**

8229 Boone Blvd Suite 885

Tysons, VA 22182

(703) 388-1005

To reach all board members and our management team at once, email us at [boarddirectors-mgmt@parkfairfax.org](mailto:boarddirectors-mgmt@parkfairfax.org).

Meetings begin at 7 p.m. at the Association Office and is also available via Zoom. The meeting agenda is posted on the bulletin board outside of the main office. Board package material is available for residents to review at the Association Office and website, [www.parkfairfax.org](http://www.parkfairfax.org).

The Newsletter deadline is the 10th of each month preceding publication month. Email editorial announcements, commercial and classified ads to Lolita Clark, [lclark@parkfairfax.org](mailto:lclark@parkfairfax.org).

Publication of advertisements in no way implies an endorsement of the products or services by Parkfairfax Condominium Unit Owners Association or its Board. The opinions of columnists and letter writers are their own and in no way reflect the opinions of Parkfairfax Condominium Unit Owners Association or its Board. *It is up to the advertiser to keep track of when the ad expires. You will not receive notice from Parkfairfax that the ad has expired.*

Letters to the Editor of 150 words or less are welcomed from owners, mortgagees or residents of Parkfairfax. It must be signed and include your unit address and phone number (address and phone number will not be published) and submitted by the 10th of each month preceding publication.

## August Board Meeting Highlights

- The Board APPROVED the June 2025 Reserve Expenditures in the amount of \$225,828.66, with funds coming from GL 9901.015, Reserve Expenditures.
- The Board APPROVED an additional pet at 1608 Preston Road.
- The Board APPROVED the installation of a bulletin board at the abandoned bus stop on Valley Drive.

## New to Parkfairfax?

### A Few Tips to Help You Settle In

Welcome to Parkfairfax—a historic community with a significant future! Parkfairfax is a unique community of 1,684 units carefully nestled into 132 landscaped and wooded acres. This community began as rental units constructed to meet wartime civilian housing needs. Many notable Washingtonians have chosen our community as their first homes when coming to Washington to serve their nation, including Richard Nixon and Gerald Ford. In 1978, Parkfairfax was converted to a condominium and is now home for people of all interests, occupations and ages. Among the amenities Parkfairfax offers are three swimming pools, an exercise facility, tot lots, tennis courts, a car wash, maintenance yard, laundry rooms and woodland trails.

### First Steps as a Parkfairfax Resident

- Read a recent issue of the condominium newsletter, the *Parkfairfax Forum*.
- Confirm that the front office has a working copy of the key(s) to your condominium (for maintenance and emergency use).
- Get your facilities pass. This picture ID provides access to the maintenance yard, pools, and fitness center. There is a nominal fee to obtain this pass, and owners must show settlement papers; renters must show a lease agreement.
- Register your pets.
- Register your bicycle(s) if you plan to store them in the laundry/storage rooms. Stored bicycles must be locked to the available bike rack in the room.
- Join the Unit Services Program (USP). USP provides a Parkfairfax Maintenance Technician who will complete routine unit maintenance tasks for an affordable fee. Lower-than-market charges make the program economical, as well as convenient, because the work can be done without your presence in the unit.
- Keep your front light burning at night, for safety. Photo-sensitive outdoor light fixtures are available for installation through the USP program.

For more tips on living in Parkfairfax, go to <http://www.parkfairfax.info/community-info/new-resident-information/>.

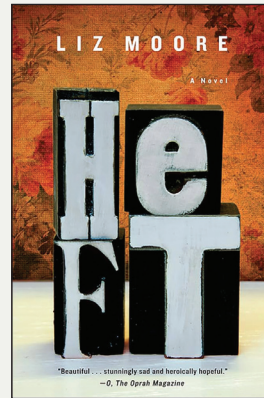
## BOOK CLUB

### *Heft*

by Liz Moore

Tuesday, September 16, 7 pm

**Parkfairfax Community Room** (next to the office)



From the *New York Times* bestselling author of *Long Bright River*: "A stunningly sad and heroically hopeful tale... This is a beautiful novel about relationships of the most makeshift kind."  
—O, *The Oprah Magazine*

Arthur Opp weighs 550 pounds and hasn't left his rambling Brooklyn home in a decade. Twenty miles away, in Yonkers, seventeen-year-old Kel Keller navigates life as the poor kid in a rich school and pins his hopes on what seems like a promising baseball career. The link between this unlikely pair is Kel's mother, Charlene, a former student of Arthur's. Told with warmth and intelligence through Arthur and Kel's own quirky and lovable voices, *Heft* is the story of two improbable heroes whose connection transforms both their lives.

The book club meets on the third Tuesday of every month; everyone is welcome. Light snacks will be available. Please contact Catherine Kitchell at [catherinekitchell@gmail.com](mailto:catherinekitchell@gmail.com) to be added to the mailing list or for any additional information.

## Pet Waste Receptacles

Do not place household trash bags and household trash in the dog waste receptacles. This causes an unsanitary and unsightly overflow issue. These are not emptied by our trash removal service, but rather by Parkfairfax staff on a less frequent basis.

**Pet owners: Please clean up after your pets properly.** Do not dispose of your dog waste bags on the ground. They will not be picked up by our trash removal service and chances are neighbors are picking these up and disposing of them. The only way the dog waste bags will be picked up by the trash removal service is if they are placed and sealed inside of a trash bag. Pet waste bags placed next to regular trash will not be picked up.

If you have any questions regarding the trash service schedule or the location of the dog waste receptacles, please contact Parkfairfax Management Office at 703-998-6944. Thank you.



# Parkfairfax Activities

Presented by the Parkfairfax Activities Committee

## 2025 Parkfairfax Upcoming Activities

**Mark your calendars now for these exciting events!**

### *Newsflash:*

**Parkfairfax Yard Sale Open to  
Parkfairfax Artists and  
Entrepreneurs Too!**



**Saturday  
October 18, 2025  
8am-12pm**  
(Set up starts at 7am)  
[Rain date: Sunday Oct 19th]

Valley Dr. parking lot near the  
intersection Gunston Rd.

**Join in the fun and reserve a table  
to sell your wares at the Parkfairfax  
Yard Sale!**

**Table/Space Rental:** \$12.00 per table  
(50 table maximum). **Payment:** via  
Venmo, Zelle or check - details in the  
registration form. **Registration:** begins  
September 5th via this link:

<https://forms.gle/nTmUvjuWcRcfWVX96>

Questions: [pfx.yardsale2023@gmail.com](mailto:pfx.yardsale2023@gmail.com)

### **Annual Doggie Dip!!!!**



**Saturday  
September 6th  
12pm-2pm**

**Lyons Lane Pool**

**\*\* Dogs must be current with vaccinations and well  
socialized among groups of dogs\*\***

**\*\*No adults or children allowed in the pool\*\***

**\*\*Please make sure your dog enjoys being in water\*\***

**\*\*Please no expandable leashes\*\***

### **Wine & Cheese Event**

**Saturday,  
November 8th, 2025  
5-7pm**

**Community Room  
3360 Gunston Road**

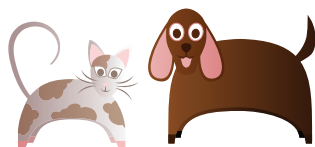


The above events are hosted by the Parkfairfax Activities Committee. If you would like to join the Activities Committee, please attend the Activities Committee meeting held the first Wednesday of every month, starting at 6:30PM at the Parkfairfax Community Room (Mgmt Office), 3360 Gunston Road.



## Responsibly Enjoying the Outdoors with Our Pets

We are lucky to live in a community with ample open spaces for our four-legged friends to exercise.



However, as dog owners, we are responsible for our pets' actions and behavior, especially when living in a community where we all share common areas.

Like all communities, we are governed by a set of rules and guidelines that were put in place to ensure harmonious living and, most importantly, the safety of our community members and their pets. In addition to these rules, the City of Alexandria also has laws that aim to protect our well-being and that of our pets. Our office receives numerous calls yearly about dogs walking off-leash, which creates a potential risk for dog attacks or other accidents.

To keep our community and pets safe, we have included some information below that we hope you keep handy in case you need it. If you need to report a dog off-leash, please call the APD's Animal Control Services at 703-746-6000 and leave a message. The officer will call back if not immediately available. Keep in mind that they will ask for a time-stamped video or photo of the dog in order to start an investigation.

For more information about off-leash laws and procedures, please go to <https://alexandriaanimals.org/>.

Below is a summary of the most common challenges our community faces and how can you help:

- **Unregistered Pets:** Please register your pets with the Association office.
- **Off-leash Dogs:** All dogs must be on a leash per the City of Alexandria code.
- **Pet waste** must be removed and disposed of immediately. We provide collection cans throughout the property
- **Property Damages:** Owners are responsible for any damage to grass areas, flower beds, shrubbery, etc., done by their pets. Please restore the areas after your dog.
- **Failure to follow the rules** can result in covenant violations.
- **Additional Pet:** Pet owners must seek and receive approval from the Board of Directors to keep more than one pet per unit. Click here for a full version of Pet Policy PR #7: <https://parkfairfax.org/wp-content/uploads/2022/09/Policy-Resolution-7-Pet-Policy-Revised-2019-.pdf>

Thank you for being a responsible pet owner and considering your neighbors and community!

## Join the Meetings Virtually

### Architectural & Planning Board Meeting

Web access: <https://us06web.zoom.us/j/87615605296>

Phone Dial-In: 301-715-8592

Meeting ID: 876 1560 5296      Passcode: 586277

### Buildings & Utilities Committee Meeting

Web access: <https://us06web.zoom.us/j/82057874372>

Phone Dial-in: 888-788-0099 US Toll-free

Meeting ID: 820 5787 4372      Passcode: 596956

### Board of Directors Meeting

Web access: <https://zoom.us/j/95236782815>

Phone Dial-In: 877-853-5247

Meeting ID: 952 3678 2815      Passcode: 389608

### Communications Committee Meeting

Web access: <https://us06web.zoom.us/j/83833639396>

Phone Dial-in: 301-715-8592

Meeting ID: 838 3363 9396      Passcode: 215818

### Covenants Committee Meeting

Web access: <https://us06web.zoom.us/j/89947324303>

Phone Dial-In: 833-548-0276

Meeting ID: 899 4732 4303      Passcode: 336001

### Election Committee Meeting

Web access: <https://us06web.zoom.us/j/81331967290>

Phone Dial-in: 301-715-8592

Meeting ID: 813 3196 7290      Passcode: 293130

### Finance Committee Meeting

Web access: <https://us06web.zoom.us/j/96204170334>

Phone Dial-in: 888-788-0099 US Toll-free

Meeting ID: 962 0417 0334      Passcode: 586277

### Landscape Committee Meeting

Web access: <https://us06web.zoom.us/j/86074068749>

Phone Dial-In: 888-788-0099

Meeting ID: 860 7406 8749      Passcode: 484695

### Recreation Committee Meeting

Web access: <https://us06web.zoom.us/j/81198276690>

Phone Dial-in: 301-715-8592

Meeting ID: 811 9827 6690      Passcode: 336001

## How and Why HOAs Work

by Laura Otto, Community Associations Institute

More than 74 million Americans living in community associations list maintenance-free, safety, security and cleanliness as top features that make it a popular housing choice. According to results from the 2022 Homeowner Satisfaction Survey, the overwhelming majority (89%) of homeowners and condominium association residents rate their overall experience of living in a community association as “very good.” Additionally, the report shows that 87% of residents are on friendly terms with their governing boards. Nearly three-quarters say their community managers provide value and support to residents and their associations.

### Providing Amenities

Associations offer a diverse variety of services and amenities, from golf courses and marinas to equestrian facilities and fitness centers. Very few Americans can afford such benefits without the shared responsibility enabled by common-interest communities. People who don’t want to contend with gutters and yard work can purchase homes in communities where these responsibilities are taken on by the associations. There are age-restricted communities, pet-free and pet-friendly communities, even communities with airstrips. Community associations give people options, alternatives, facilities, and resources they could not otherwise enjoy.

### Building a Sense of Community

We are, for better and worse, a highly transient society. Americans follow professional opportunities and other preferences from state to state. By their inherent nature, community associations bring people together, strengthen neighborhood bonds and promote a sense of community and belonging attributes that are often overlooked.

### Collective Management

Americans have largely accepted the collective management structure of common-interest communities. The private covenants and rules characteristic of associations are not novel in residential living. Similar restrictions often exist in rental apartment lease agreements and in zoning laws and building codes that govern traditional single-family, detached housing. In traditional housing, however, such restrictions are adopted and administered by municipal governments rather than by the private governing boards composed of homeowners who are elected by their neighbors to lead their associations.

### Privatizing Public Functions

Because of the fiscal challenges faced by many municipalities, housing developments are approved with the stipulation that associations will assume many responsibilities that traditionally fall to local and state governments. These obligations can include road maintenance, snow removal, trash pickup and storm water management. This privatization of services allows municipalities

to permit the continued development of needed housing without having to pay directly for that infrastructure through the tax base.

### Expanding Affordable Homeownership

There has been a persistent effort to increase homeownership in America, especially in underserved groups, such as minorities, women, and immigrants, and in specific locations, such as urban areas. Almost from their inception in the 1960s, condominiums have tended to serve as lower-cost housing, especially for first-time buyers. This was especially true of early condominium conversions, in which apartment buildings were refurbished into condominiums. In today’s economic climate, achieving affordability is a major challenge. Without the construction and operating efficiencies inherent in association development and operations, affordability would be an even greater problem.

### Minimizing Costs and Fostering Market Efficiencies

Community associations not only maintain home values but also reduce the need for government oversight. Associations avoid the “tragedy of the commons” (where no one is responsible) through mandatory membership and collective management. They also circumvent the “free rider” issue (where not all beneficiaries pay their share) through mandatory assessments and agreements between the association and the homeowners. Put simply, community associations are an efficient means of providing services, assigning payment responsibility and being responsive to local concerns.

## Community Room Rental

Any resident of Parkfairfax may reserve the Community Room. Requests for reservations must be submitted for approval to the General Manager and will be awarded on a first-come, first-served basis.

### HOURS

The Community Room is available to rent during the day. The lessee may begin entertainment preparation after 8:00 am. The room may be used until midnight, Sunday through Thursday, and until 1:00 am on Saturdays. The Community Room may be used until 2:00 am for New Year’s Eve functions.

### FEES

A prepaid security deposit of \$250.00 and a rental fee of \$350.00 are required to rent the Community Room, along with a copy of insurance coverage of \$100,000 at the time of reservation. The deposit will be returned within three weeks of the date of the function, provided that there was no damage done and no clean-up was required.

**For more information call 703-998-6315** or stop by the office. Applications are available at the front office or on the Parkfairfax website, [www.Parkfairfax.org](http://www.Parkfairfax.org), under Resources > Administrative Forms, AR-15.

EVERYONE IS WELCOME FREE AT THE LARGEST SALE OF NATIVE PLANTS  
IN THE WASHINGTON D.C. METRO AREA!

# NORTHERN ALEXANDRIA NATIVE PLANT SALE



Featuring Native Perennials, Shrubs, & Trees for Sun or Shade!

**Saturday, September 27, 2025**  
**9 AM – 2 PM**

AT

**THE CHURCH OF ST. CLEMENT**  
**— EPISCOPAL —**

**1701 N. QUAKER LANE, ALEXANDRIA, VA 22302**  
**(CORNER OF QUAKER & OAKCREST)**

***[www.NorthernAlexandriaNativePlantSale.org](http://www.NorthernAlexandriaNativePlantSale.org)***  
***[www.facebook.com/NorthernAlexandriaNativePlantSale](https://www.facebook.com/NorthernAlexandriaNativePlantSale)***



**Native Plants** continued from page 1.

and invasive perennials can replace natural flora important to the woodland ecosystems we have in Parkfairfax.

There are hundreds of species of perennials, shrubs, and trees native to our region, offering a stunning diversity of colors, textures, and blooming and fruiting seasons. It is possible to use only native plants in your landscaping and still add as much variety as that provided by nonnative plant choices.

**Where to Learn More:**

A notable expert on this subject is **Dr. Douglas Tallamy**, a professor in the Department of Entomology and Wildlife Ecology at the University of Delaware. He has written many books, including *Bringing Nature Home: How Native Plants Sustain Wildlife in Our Gardens* and *Nature's Best Hope: A New Approach to Conservation that Starts in Your Yard*. You can find these books and more information at his website [HomegrownNationalPark.org](http://HomegrownNationalPark.org).

Tallamy is an excellent speaker, and one will find many of his presentations on YouTube.

**"Native Plants for Northern Virginia"** is a useful guide published by the Plant NOVA Natives Campaign. It provides handy information on the requirements of 300 species of native plants local to our region. You can download it free from [www.plantnovanatives.org](http://www.plantnovanatives.org). The guide will also be on sale (at cost of printing) at the Northern Alexandria Native Plant Sale for \$5.

[PlantNOVANatives.org](http://PlantNOVANatives.org) also provides a wealth of information for anyone looking for experts or guidance on native plants and garden design using native plants. The website contains a wealth of information. A list of local landscape designers can be found on the page <https://www.plantnovanatives.org/landscaping-help>. A list of native plant sales is at <https://www.plantnovanatives.org/local-native-plant-sales>.

See **Native Plants** continued on page 9.



Virginia Spiderwort (*Tradescantia virginiana*)  
Photo by Scott Knudsen



Trumpet Honeysuckle (*Lonicera sempervirens*)  
Photo by Julia Sanders



Strawberry bush (*Euonymus americanus*)  
Photo by Carolyn Fannon



Sweetbay Magnolia (*Magnolia virginiana*)  
Photo by Sally and Andy Wasowski

# CLASSIFIEDS

## HOME IMPROVEMENT

**Electrical Services, Allegro LLC:** Virginia Class A electrical contractor. Electric panels, fans, base-board heaters, recessed lights. Licensed and insured. ALLEGRO LLC 703-314-1287. [info@allegrollc.net](mailto:info@allegrollc.net).

**Mario's Home Improvement:** Licensed Class A. Interior painting. Drywall and plaster repairs. Wallpaper removal, carpentry, electrical panel. Ceramic tile, complete kitchen and bath remodeling, granite countertops. Free estimates. References available. Over 20 years of experience. Mario Zambrana 703-501-7506 or [MZambrana60@yahoo.com](mailto:MZambrana60@yahoo.com).

**Home Remodeling and Repairs:** From floor to ceiling, we update and remodel kitchens, bathrooms, or any room. Also provide handyman services to include plaster, paint, plumbing, tile and more. More than 20 years of Parkfairfax experience. Great rates! Morning-Star Plumbing Plus, [plumbinghopeplus2@gmail.com](mailto:plumbinghopeplus2@gmail.com), 703-869-7552. Licensed and insured. 10% discount for Veterans and Elderly.

**Home Improvement:** Kitchen and Bath remodel. Joel Riggs Home Repair LLC. Class A Lic. And Insured. All types of interior repairs. Paint, drywall, tile, and more. Call Joel 703-929-4676.

**B & A Housecleaning:** Cleaning homes in Fairlington and all areas for 40 years. Excellent references and prices, we provide our own equipment and supplies. For special jobs hourly rates are available. Window cleaning services are provided with an appointment. Call us for a free estimate (703) 501-9007 or email us using [bc42happy@gmail.com](mailto:bc42happy@gmail.com).

## PET & PLANT SERVICES:

**THE GARDEN CONTESSA:** Three individual 45-minute sessions offered January–March for only \$150—just in time for spring! Learn how to prepare, plant, grow, and care for your garden. References available from our current 2024 students. To book your sessions, call or text Contessa at 703-548-1882.

## MISCELLANEOUS

**Meditation—Virtual Group and Individual Sessions:** Experienced meditation teacher with 16 years of Tibetan training. Teaching meditation for 11 years at George Washington University, Milken Institute, School of Public Health. For more information, email Mimi at [mmmalfitano@comcast.net](mailto:mmmalfitano@comcast.net) or call or text 703 201 3923.

**Private English Tutoring Services:** College Essay, AP Prep, Reading Comprehension, Writing, Grammar. In-Person or Virtual. Retired FCPS English/Journalism Teacher (TJHSST, Falls Church HS). Former journalist, published in *The Washington Post*, *LA Times*, *Salon*, *Billboard*, among others. Parkfairfax Resident. Rochelle L Levy, 703-945-7735. [rlevytutoring@gmail.com](mailto:rlevytutoring@gmail.com).

*Native Plants continued from page 8.*

## Where to Find Plants:

While you can find some native plants at local garden centers, the best selections are at small nurseries in our region that grow native plants exclusively.

The **Fall 2025 Northern Alexandria Native Plant Sale** will gather together a dozen native plant vendors from Pennsylvania, Maryland, and Virginia. The sale will be held at the **Church of St. Clement, 1701 N. Quaker Lane (Alexandria, VA 22302)** on **Saturday, September 27, from 9 a.m. to 2 p.m.** More information about the event can be found at <https://northernalexandrianativeplantsale.weebly.com>.

**Earth Sangha's Fall Open House and Native Plant Sale** will be **Sunday, September 21, from 9 a.m. to 2 p.m.** More information and directions to their location are on their website at <https://www.earthsangha.org>.

Our local **Potowmack Chapter of the Virginia Native Plant Society** holds regular sales of plants from its native plant propagation gardens. One can learn more about the chapter and its events at <https://vnps.org/potowmack>. Their next **Potowmack Chapter Native Plant Sale** will be **Wednesday, October 1, from 10 a.m. to 1 p.m.** Directions to their location are on the page <https://vnps.org/potowmack/plant-sale>.



**THE GARDEN CONTESSA**

**Penny Spinney**  
**703-548-1882**  
 Contessas.net | [ContessasHome@gmail.com](mailto:ContessasHome@gmail.com)  
**30 Minute FREE Consultation**  
 Serving Parkfairfax & Fairlington Since 2005

## Interested in placing an ad?

Interested in placing an ad? Real estate and personal business ads are \$11/month for Parkfairfax Residents and \$20/month for all other persons. Ads for items for sale or lost and found are free to Parkfairfax residents and \$11 for all other persons.

Display Ads are also available with discounts for long-term placement.

Email Lolita Clark at [lclark@parkfairfax.org](mailto:lclark@parkfairfax.org) for prices and any questions you may have!



**Parkfairfax Special offer:**

**\$250 OFF if 2-4 people purchase a new HVAC system**  
**\$500 OFF if 5 or more people purchase a new HVAC system**

**MITSUBISHI ELECTRIC ZONED COMFORT SOLUTIONS®**  
 perfect for keeping every family member happy

- ▶ Room by room temperature control
- ▶ Whisper-quiet operation
- ▶ Odor filtration
- ▶ Allergen filtration
- ▶ No more hot or cold rooms in your home
- ▶ Turn OFF unoccupied rooms
- ▶ Up to 40% more efficient than central air

Wall-mounted indoor unit    Floor-mounted indoor unit    Ceiling-recessed indoor unit    Horizontal-ducted indoor unit    Multi-position ducted air handler    Outdoor unit

Customize your comfort, customize your look.  
 Choose from different styles of ductless and ducted indoor units. Our solutions can be customized for any home.



**KNOWLEDGEABLE**

With over 100 years of experience in the HVAC and Plumbing industry, we are one of the largest and most experienced heating, cooling, and plumbing companies in the area.



**TRUSTED**

Our skilled, trustworthy technicians are continually trained on the newest technologies. We have the know-how to tackle any HVAC or plumbing problem - big or small!



**DEPENDABLE**

Proudly serving over 5 generations of local families and businesses since 1912.



MD - (240) 433-1300  
 DC - (202) 783-6100  
 VA - (703) 534-0088



[www.johngwebster.com](http://www.johngwebster.com)



# AHMED BROTHERS

**Air Conditioning & Heating**  
Serving Parkfairfax for over 35 years

Installation, Sales and Service, Cleaning by professional mechanics.

- We have new Cooling units only, as well as Heating & Cooling units. Making for a comfortable home.
- New Heating systems.
- Cooling system check up.

**703-642-0001 • 703-642-3349**

For more information call or visit our website

**www.ahmedbrother.com**

**ahmedbrothers@hotmail.com**

## Individual, Couples & Group Psychotherapy

- ✓ depression & anxiety ✓ relational issues
- ✓ grief & loss ✓ crisis, trauma & PTSD
- ✓ sexual assault & child sexual abuse
- ✓ eating disorders & OCD
- ✓ national & natural disasters



703-615-5805

By Appointment

www.dothework.info

**Kathy Norwine**  
MSW, LCSW, LICSW



**CHELSEA**  
PAINT & PAPER

Licensed, Bonded & Insured  
References Available

Painting  
Interior / Exterior  
Wallpapering

**Steve Chute**  
chute285@aol.com

Home: 703.912.1450  
Cell: 571.216.9338

FOR OVER 25 YEARS  
Serving the Alexandria/Arlington Area



Dr. Jeff Borenstein



Dr. Steven Trauben



**KING STREET**  
Chiropractic  
Wellness Center

703.578.1900

Bradlee Office Building  
(Behind the Safeway)  
3543 W. Braddock Rd  
Suite 200  
Alexandria, VA 22302

## Live life pain-free.

Are aches and pains keeping you on the sidelines?

Are you recovering from an injury or accident?

Is limited range of motion limiting your life choices?

**Start your path to pain-free living with us.**

We are proud to be the highest reviewed practice in the Alexandria/Arlington area with over 600 reviews. Check us out.



Parkfairfax Condominium  
Unit Owners Association  
3360 Gunston Road  
Alexandria, VA 22302

## September 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<b>1</b>	<b>2</b> Landscape Committee Meeting, <b>7 pm</b>	<b>3</b> Activities Committee Meeting, <b>6:30pm</b>	<b>4</b> Finance Committee Meeting, <b>6:30pm</b>	<b>5</b>	<b>6</b>
<b>7</b>	<b>8</b> Recreation Committee Meeting, <b>7 pm</b>	<b>9</b> The Writers Group, <b>7 pm</b> Covenants Committee Meeting, <b>7 pm</b>	<b>10</b> A&PB Committee Meeting, <b>7 pm</b> Building and Utility Committee Meeting <b>7 pm</b> Newsletter Submission Deadline	<b>11</b> Large Item Pick-Up	<b>12</b>	<b>13</b> Office open, Walk-Ins Only <b>9 am – Noon</b>
<b>14</b>	<b>15</b> TLUC Committee Meeting, <b>7 pm</b>	<b>16</b> Book Club <b>7 pm</b>	<b>17</b> Board Meeting <b>7 pm</b>	<b>18</b>	<b>19</b>	<b>20</b>
<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b> Communications Committee Meeting <b>7 pm</b> Large Item Pick-Up	<b>26</b>	<b>27</b>
<b>28</b>	<b>29</b>	<b>30</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>

Please see "Join the Meeting" section inside for Zoom and call-in details. Please call office if you have any questions, (703) 998-6315.