

Parkfairfax FORUM

The Official Newsletter of the Parkfairfax Unit Owners Association
www.Parkfairfax.info

August 2021
Volume 43, Issue 8

A Street Called Martha Custis Drive

By William Canis

Ed. Note: During 1981 and 1982, William Canis, a resident/owner, wrote a series of articles about the names of our streets and community which were printed in the newsletter. Mr. Canis' articles will be reprinted during the coming months.

Our streets are named for people and places that helped shape Virginia history. This column appears to shed a little light on the lives and significance of these once famous – but now sometimes forgotten – people and places. The streets that are so common to us here are all related in one way or another to George Washington, this region's most famous native son.

Martha Dandridge Custis. The longest street in Parkfairfax is Martha Custis Drive, named after George Washington's wife. Nearly all of us know the strong and quiet appearance of Martha Washington as captured by Gilbert Stuart. In that famous painting, with a cap on her head, she looks like the quintessential grandmother. In many ways, that picture captures her personality, at least as historians have been able to reconstruct it.

George Washington's love life has long been the subject of conjecture. Only vague references exist about the girlfriends of his youth, from a Betsy Fauntleroy, when he was 20, to Sally Fairfax in his mid-20s. There is little evidence to suggest more



than a platonic relationship with either woman, however. Young George Washington was often in the wilderness on surveying missions for the Fairfaxes. He also suffered from several serious illnesses, such as when he contracted pleurisy and smallpox when he was 19.

See **Community** continued on page 3.

New Residents Reception

Recently moved into Parkfairfax? Please join us for a reception to get acquainted with committees, amenities, neighbors, and Parkfairfax in general.

Join us Saturday, September 18, 2021
9 am – 12 pm

Refreshments served
(coffee, tea, bagels and donuts)
Sponsored by the
Community Outreach Committee

Party Room:
Parkfairfax Party Room
3360 Gunston Rd.

RSVP: bawilmer@yahoo.com



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Parkfairfax Condominium Unit Owners Association

3360 Gunston Road, Alexandria, Virginia 22302

Phone: 703-998-6315 ♦ Fax: 703-998-8764

Website: www.Parkfairfax.info

BOARD OF DIRECTORS

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President, At-Large Representative
akhetequus@earthlink.net
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Term Expires: April 2023

Jeff Lisanick

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jlisanick@hotmail.com
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Term Expires: April 2023

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Term expires: April 2023

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Term Expires: April 2022

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At-Large Representative
A&PB and Landscape Liaison
Term Expires: April 2024

James Konkel

At-Large Representative
PFX@ourivycottage.com
Building and Utilities Committee Liaison
Term Expires: April 2022

All Board Members can be contacted by emailing BoardofDirectors@Parkfairfax.info. Also, all Board Members, the General Manager and the Assistant General Manager can be contacted by emailing BoardofDirectors-Mgmt@Parkfairfax.info.

Meetings begin at 7 p.m. at the Association Office. The meeting agenda is posted on the bulletin board outside of the main office. Board package material is available for residents to review at the Association Office and website, www.parkfairfax.info.

COMMITTEE CHAIR CONTACTS

Activities Committee

-Open-

Building and Utilities Committee

-Open-

Community Outreach Committee

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jschrade_us@yahoo.com

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covenants@parkfairfax.info

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rmcmurray@parkfairfax.info

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gandrew@parkfairfax.info

Service Coordinator

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tcarter@parkfairfax.info

Hours:

Monday - Friday: 8 am - 5 pm
2nd Saturday: 9 am - 12 pm

MAINTENANCE OFFICE:

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Alonzo Alexander
AAlexander@parkfairfax.info

Jennifer Jett-Bowling
jjett-bowling@parkfairfax.info

1200 W. Glebe Road
Phone: 703-578-3427
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1-866-370-2977

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Brian Fromm
Brian.Fromm@Alexandriava.gov

Barkan Management Co.

8229 Boone Blvd Suite 885
Tysons, VA 22182
(703) 388-1005

The Newsletter deadline is the 10th of each month preceding publication month. Email editorial announcements, commercial and classified ads to Ra'Chelle Carey, rcarey@parkfairfax.info.

Publication of advertisements in no way implies an endorsement of the products or services by Parkfairfax Condominium Unit Owners Association or its Board. The opinions of columnists and letter writers are their own and in no way reflect the opinions of Parkfairfax Condominium Unit Owners Association or its Board.

Letters to the Editor of 150 words or less are welcomed from owners, mortgagees or residents of Parkfairfax. It must be signed and include your unit address and phone number (address and phone number will not be published) and submitted by the 10th of each month preceding publication.

July Board Meeting Highlights:

- The Board PASSED a motion to approve the May 2021 Reserve Expenditures in the amount of \$178,975.94 with funds to come from GL 9901.015, Reserve Expenditures.
- The Board PASSED a motion to approve the Stormwater proposal submitted by Christopher Consultants with proceeds to come from Capital Improvements.

Parkfairfax Welcomes Our New Covenants Director

Please share with us in extending a warm welcome to Bryan Hudzina. With over 10 years of working with condominium associations, Bryan brings a great amount of knowledge and experience to Parkfairfax. He will be handling all day-to-day covenants issues including all applications, both routine and non-routine. You will see him out on the property regularly performing inspections and checking on applications and installations to be sure residents are following our by-laws and specifications. Please direct all covenant applications and covenant questions to Bryan at bryanhudzina@parkfairfax.info.



Bike inspections will be conducted in August 2021 and all bikes without current 2021 bike decals or that were improperly stored (not secured in the provided bike racks) will be tagged. The tag gives a 30-day deadline for compliance. Owners of the non-compliant bikes received notifications asking them to renew their bike decals.

During the last week of September, any bikes found in violation will be removed to a secure location in the Parkfairfax maintenance yard for a period of no less than 60 days. There is a \$70 fee to retrieve an impounded bike and bikes may only be retrieved during Association working hours. Those bikes which are not claimed will be given to a charitable organization.

If you haven't done so already, please stop by the main office to purchase your bike decal today. The cost of each bike decal is \$10.00.

Community continued from page 1.

When Washington finally decided to marry, he was almost 27, a late age in Colonial America when life expectancy was so much shorter than today.

He came to know Martha Custis after the death of her first husband in 1757. Martha had borne four children in her first marriage but only two were still living when she met Washington. Tidewater society was closely-knit and it is likely that Washington had met Martha Custis earlier.

She had been a prominent "belle" in the capital at Williamsburg. Stopping by her house on the way to Williamsburg one day, however, Washington took an immediate liking to the widow. In fact, he even cancelled his plans to go to Williamsburg and instead proposed marriage to Martha Custis two weeks later. The couple was married on her estate in January 1759 and lived there for some time while Mount Vernon was being expanded.

The marriage is generally believed to have been one of convenience for both of them. Washington was a renowned colonel fresh from frontier battles of the French and Indian War. He was a leader in Virginia politics, a landowner and very eligible Williamsburg bachelor. He offered Martha respectable security and was a father for her two children.

From his standpoint, Martha Custis was a good catch, too. She owned over 17,000 acres of land and had a tidy fortune equal to nearly \$1 million by today's standards.

As a couple, they were quite a contrast. Martha was only 5 feet tall whereas Washington was 6 feet 2 inches tall. She was a plump matron and he was a lean soldier. She preferred the background and management of the estate to the limelight of public life. Washington, on the other hand, had only a few years of privacy in his long military and political career.

Martha was not an outspoken personality like later First Ladies would be. She was careful about repeating political discussions she overheard. A perfect hostess and quite religious, she meditated on the Bible "every day of her adult life," according to her grandson. Her family and grandchildren were the center of her life and she once described herself as "an old-fashioned housekeeper, steady as a clock, busy as a bee and cheerful as a cricket."

She had quite a bit to keep her busy during her marriage. Washington was away from home fighting the Revolutionary War for 8-1/2 years and the task of managing Mount Vernon fell on her shoulders.

Even though Martha and George never had any children of their own, there is reason to believe they had a very happy marriage. (Some historians believe Washington may have been sterile from his bout with smallpox when he was 19.) Martha visited him when the military campaigns lulled and spent winters in bleak surroundings like Valley Forge just to be with her husband.



Making friends with hummingbirds

Fall is a great time to work on the guest list for next year's garden party. Hummingbirds make some of the best guests of all and we can make ourselves better hosts of them by providing what they need. Our local Ruby-throated Hummingbirds are migratory, departing Virginia in September for Central America and returning to the place where they were born in mid-April. It will not surprise anyone to know that what they need when they return is not sugar water but an intact ecosystem that provides food and shelter for them and their offspring.

It is well known and indeed true that hummingbirds are attracted to bright colors, especially red. So for viewing opportunities, plant Eastern Red Columbine and Coral Honeysuckle for spring blooms, Scarlet Beebalm for early summer and Cardinal Flower for late summer. It is fun to watch the hummingbirds make the rounds from plant to plant, timing it exactly to when the nectar has had a chance to re-accumulate. All of these plants co-evolved with hummingbirds and have the tubular-shaped red flowers that fit the bill – literally. Hummingbirds have incredible memories and know the location of individual flowers not only around their own homes but along the thousands of miles of their migration routes. They also recognize humans as individuals, learning to trust you and hovering in front of you when they are wondering when you are going to refill their feeder, if you have been in the habit of providing one.

Although we think of hummingbirds as nectar eaters, the great majority of their diet is made up of insects and spiders. We can provide them with insects by planting native plants. Because most insects can only eat the plants with which they evolved, a yard full of European and Asian plants such as turf grass and Japanese azaleas is largely an empty yard, devoid of food sources not only for hummingbirds but for songbirds in general. The red-flowering plants that were named above are all native to our area, as are hundreds of other garden-worthy plants which are increasingly being planted as Virginians start to recognize the beauty of our own flora as well as its value for the non-human residents of our properties.

The ideal time to plant is in the fall, which gives the plants a chance to become well established before facing the heat and droughts of summer. To help you plan, the Plant NOVA Natives website has a plant finder function which you can search specifically for plants that attract hummingbirds. There are also lists of local garden centers that specialize in native plants as well as

lists of conventional garden centers where Plant NOVA Natives volunteers label the natives with red stickers.

Article provided courtesy of plantnovanatives.org.



Female or immature Ruby-throated Hummingbird

Photo: Gary Robinette/Audubon Photography Awards/Audubon.Org

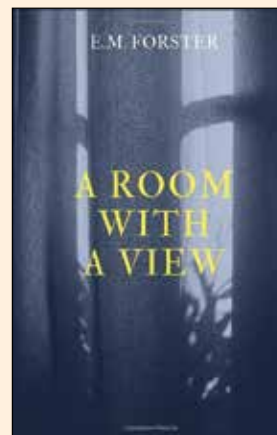
BOOK GROUP

A Room with a View

by E.M. Forster

Tuesday, August 17, 7 pm

Parkfairfax party room next to the office



Novel. 1903, 119 pages (2005 edition) Lucy has her rigid, middle-class life mapped out for her, until she visits Florence with her uptight cousin Charlotte, and finds her neatly ordered existence thrown off balance. Her eyes are opened by the unconventional characters she meets at the Pension Bertolini: flamboyant romantic novelist Eleanor Lavish, the Cockney Signora, curious Mr. Emerson and, most of all, his passionate son George. Lucy finds

herself torn between the intensity of life in Italy and the repressed morals of Edwardian England, personified in her terminally dull fiancé Cecil Vyse. Will she ever learn to follow her own heart?

The group meets on the third Tuesday of every month; everyone is welcome. Please contact Catherine Kitchell at catherinekitchell@gmail.com with any questions.

Important: We will decide the books for the next 6 months at this meeting so please come if you want to help decide the next selections.

To opt-in for a hard copy newsletter please reach out to Ra'Chelle Carey at rcarey@parkfairfax.info.



MANAGER'S CORNER

Mark Miller, CMCA, AMS
General Manager

Pest Control Update and Issues

We want to bring everyone up to speed on developments and issues we have been addressing.

- N&N Pest Control is moving through the property re-baiting and adding additional bait stations as needed.
- By tracking in more detail, we have been able to adjust the re-baiting or in some cases that show there is no activity, we have been able to remove the station(s) completely. Please remember when re-baiting is done there may be a slight increase in activity for a short time.
- We have been handling several "hot spots" where activity has increased. Both the contractor and PKFX staff work in conjunction in finding, dusting, and sealing up burrows.
- We are beginning to identify and remove ivy in some locations. Please understand that not all ivy can be removed as in some locations it acts to hold back soil erosion. However, we will work to stabilize any sloped areas when we do remove the ivy.
- Please be alert and do not let your pets near deceased animals or any part of the animal. The active ingredient (Bromadiolone .005%) used in the stations is dosed for the weight of rats only, so a dog or cat would need to ingest a considerable amount for permanent damages to occur. Per the chemical guidelines, over 2 pounds of bait would need to be ingested at once. This product is used throughout both

the agricultural industry and food processing plants. Regardless, if your pet does indeed ingest either bait or a deceased critter, please call your vet immediately.

- **We ask that residents do not ground feed. It is not allowed per our covenants.** We have received complaints from residents as well as our pest control technicians that we have many locations where the rodent population have increased due to bird seed, bread, peanuts, eggs, and even fruits and vegetable scraps just tossed on the ground. We ask that you purchase hullless seed and follow the guidelines for bird feeders in AR #2.
- Flying or crawling insects: Parkfairfax does not treat for mosquitos, and we ask that you check your surroundings for any standing water. We can recommend using a garlic spray, available at Lowes and online. For crawling insects, we will spray exterior areas by doors, stoops, and foundations when there is a noticeable issue. We do handle bees, wasps, and yellow jacket nests. The sooner reported the safer for everyone.
- Termites: When there is evidence the Association will treat for termites and make repairs to any damaged wood areas as needed.
- As for those mouse issues, when reported both the exterminator and our staff play different roles. First the exterminator will use snap traps where accessible. Secondly, our staff will inspect both the crawl space and the interior for any openings, etc. and seal same.
- In some cases, we are discovering holes behind and under custom kitchen cabinet installs. Please remember that it's the owner's responsibility to follow up with their contractors to close up any openings made when renovating.
- With the removal of all nesting materials and attic gables and eaves as well as our continued plan of pruning back limbs, we are hoping that the squirrel access will be lessened.
- Enter a task in Buildium or call the office immediately at any signs of rodents or squirrels.

AUGUST USP SPECIALS — KITCHEN FAUCETS



1
Treme Kitchen Faucet,
Chrome w/Pull Down
Sprayer: \$220.60



2
Bayview Faucet,
Brushed Nickel w/Pull
Down Sprayer: \$177.85



3
Treme Kitchen Faucet,
Brushed Nickel w/ Pull
Down Sprayer: \$238.16



4
Bayview Kitchen
Faucet, Polished
Chrome w/ Pull Down
Sprayer: \$172.36



5
Premier Muir Chrome
Kitchen Faucet, Chrome
w/ Side Sprayer:
\$160.43

Parkfairfax Activities

Presented by the Parkfairfax Activities Committee



2021 Parkfairfax Summer Concert Series (6-8pm)

Coryell Lane Pool Lawn Space

**Concert #3 – Saturday,
August 21, 2021**

Tommy Lepson and The Bad Dawgs

A soulful blend of rock, blues and some funky classics guaranteed to make you grin, powerful vocals, superb guitar work, and a world class rhythm section that won't quit!

Upcoming Activities

- Saturday, September 11, 2021
Doggie Dip – 12-2PM
- Saturday, September 18, 2021
Yard Sale – 8AM-12PM
- Saturday, October 16, 2021
Fall Celebration – details coming soon
- Saturday, November 6, 2021
Wine and Cheese – 5-7PM
- December 2021
Holiday Decorating Contest (date/time TBD)
- December 2021
Jingle Mingle with Santa (date/time TBD)

Join the Meetings Virtually

All meetings will be held through Zoom until further notice. If you would like to join one, please see the contact info below.

Board Meetings

Web access: <https://zoom.us/j/95236782815?pwd=S01RSIZqQzFHODI00ENEWnRpQUtUZZ09>
Phone Dial-In: +1(877) 853-5247
Meeting ID: 952 3678 2815
Passcode: 389608

A&PB Meetings

Web access: <https://zoom.us/j/6706419056?pwd=WEZSbXRIZHpWUlozOW95TINRUi91QT09>
Phone Dial-In: 877 853 5247
Meeting ID: 670 641 9056
Passcode: 586277

Landscape Meetings

Web access: <https://zoom.us/j/95782310263?pwd=NlcyKytRVDFBczJQcUxhdWI1U3BVUT09>
Phone Dial-In: 301-715-8592
Meeting ID: 957 8231 0263
Phone Access Code: 484695
Find your local number:
<https://us02web.zoom.us/j/kesSVslfLD>

Covenants Committee Meetings

Web access: <https://zoom.us/j/94388421305>
Phone Dial-In: 888-788-0099
Phone Access Code: 943 8842 1305

Native vs. Non-native Plants for Gardening

Native plants have adapted over long periods of time with a particular regions soil and climate and together with other native species of plants, animals, fungi and bacteria. Native plants exist as part of natural communities and have an important ecological role to play. Some consider a plant “native” if it naturally occurs in the United States. But the United States is a vast country with many different ecosystems. When choosing natives for your garden, try to choose those that are native to the mid-Atlantic region.

One major difference between native and non-native plants is that **native plants support native insects**. Native insects that have evolved with native plants can combat chemical defenses of some plants and know to avoid the ones they cannot. But when non-native plants are introduced, native insects often cannot use them for food. Insects are important because native plants, birds and other wildlife depend on them.

For instance, baby songbirds eat only insects, not seeds or berries. And most insects can only eat native plants. Chickadee parents need between 6,000-9,000 caterpillars to fledge one clutch of nestlings, according to Doug Tallamy, a professor of entomology and wildlife ecology at the University of Delaware.

Adult butterflies sip nectar from a wide variety of flowers, but their caterpillars almost always require the native plants or trees with which they evolved. Many of our native bees also require specific native plants for their food.

There are also many insects—at least in the larva stage—that can only feed on one specific plant or a small number of plants. The monarch butterfly is the perfect example. In its larva form as caterpillar it **ONLY** consumes milkweed (*Asclepias* species). **No milkweeds, no Monarchs!**

“Native plants have extensive root systems that filter rain water through the ground before it reaches our streams. Lawns made of turf grass—which comes from Europe—create a nearly impervious surface that leads to uncontrolled run-off into our sewers, and flooding and erosion of our streams.” (From *Plant Nova Natives* website, www.plantnovanatives.org/)

“A plant species is invasive if it is not native to a particular ecosystem and if its introduction is likely to cause economic or environmental harm. Invasive plants can flourish better than native plants and they often displace rare and endangered species that provide habitat for wildlife.

These plants also inhibit the growth and regeneration of native trees. Reasons why invasives outcompete natives:

- Adaptation to disturbed and “edge” sites that predominate in urban areas
- Not eaten by local wildlife, free from competition and herbivory
- Production of large amounts of seeds

- High seed germination rate
- Ability to spread by underground runners or rhizomes”

(From <https://environment.arlingtonva.us/trees/invasive-plants/>)

Not all non-native plants are invasive. Some may not seem invasive in your garden because they are maintained or they are prevented from spreading by sidewalks or walls. However, if no barriers exist or maintenance stops, invasive plants quickly spread to adjacent areas. Some non-native plants can provide shelter and nesting opportunities to wildlife. **However, native plants generally support a greater diversity and number of wildlife.** This includes the bees, butterflies and birds we love to see in our gardens.

Unfortunately, many garden centers and nurseries commonly sell invasive plants. Below are just a few common non-native invasives you may see for sale. **Please avoid these!**

- Bamboo (*Phyllostachys* spp.)
- Chinese Wisteria (*Wisteria sinensis*)
- Wintercreeper/Creeping Euonymous (*Euonymus fortunei*)
- English Ivy (*Hedera helix*)
- Japanese Honeysuckle vine (*Lonicera japonica*)
- Exotic bush honeysuckles: Amur (*Lonicera maackii*); Fragrant (*L. fragrantissima*); Morrow’s (*L. morrowii*); Standish’s (*L. standishii*); Tartarian (*L. tatarica*); Bell’s (*L. x bella*); Dwarf (*L. xylostemum*)
- Porcelainberry vine (*Ampelopsis brevipedunculata*)
- Winged Burning Bush (*Euonymus alatus*)
- Nandina/Sacred Bamboo (*Nandina domestica*)
- Chinese privet (*Ligustrum sinense*)
- Callery/Bradford pear (*Pyrus calleryana*)



Pollinator habitat garden on Mason Neck.

Photo from www.plantnovanatives.org/

See **Native Plants** continued on page 10.

Committee Volunteers Needed

Are you interested in making a contribution to maintain the high quality of life? Then consider volunteering to serve on a standing Committee.

We are seeking volunteers to serve on the following committees:

The **Activities Committee's** primary responsibility is to advise the Board of Directors with recommendations for social, cultural, and activities which serve the interests of residents, develop an annual event schedule/calendar, develop policies and recommendations for the funding of programs and activities, organize events, provide recommendations on committee expenses.

The **Building and Utilities Committee** is a small but active committee working on issues that directly affect our buildings including general maintenance, heating and cooling recommendations, and renovations.

The **Covenants Committee's** primary responsibility is to advise and assist the Board of Directors in monitoring and enforcing compliance with the provisions of the Condominium Instruments and the Book of Resolutions. In addition, the Covenants Committee performs the functions which include but are not limited to receiving, reviewing, and approving applications for alterations, changes and additions to units or common elements.

The **Community Outreach Committee** serves to improve the effectiveness and efficiency of communications among residents. The committee members consist of up to six unit owners appointed by the Board of Directors. Residents are encouraged to submit

statements to explain their interest in serving the community and highlight any experience with newsletters, websites, or other communication activities.

The **Finance Committee**, which is responsible for advising the Board of Directors in planning and managing the Association's finances, is seeking new members. The committee reviews monthly financial statements, the audit of fiscal year-end financial statements, drafts of the annual budget; and provides comments and recommendations to the Board. The committee also reviews short-term and long-term Association investments, consistent with legal requirements and in consultation with the Association's licensed financial advisor, and recommends changes in strategy to the Board, if appropriate.

The **Recreation Committee's** primary responsibility is to advise and assist the Board of Directors in developing, operating, and overseeing the recreational facilities and the community's athletic program. With the consent of the Board of Directors, the Committee, at its discretion may review the upkeep, maintenance, and adequacy of the recreation facilities, arrange sports instruction, make budget proposals on the upkeep, maintenance, and construction of the recreational facilities, and encourage individuals and groups in the community to organize community athletic programs.

If you are interested in becoming a member please submit your resume to Dana Cross, Assistant General Manager no later than August 6, 2021. For more information, or if you have any questions, please call 703-998-6315 or email dcross@parkfairfax.info.

Need a New Book to Read? Visit the Parkfairfax Library!

Summertime is reading time! And if you're looking for something you haven't read before, browse our collection of current and classic mysteries, nonfiction, fiction, and science fiction.

Here's how it works:

1. Take a book, leave a book: Books should be in good condition; no textbooks, please
2. Keep the book as long as you'd like

The "one-to-one" exchange ensures that new books are continually added to the collection, so check back often to see what's arrived.

But please note: We cannot accept bulk donations of books or magazines, so please do not bring them to the office.

The library is located in the Parkfairfax office and open during office hours. Stop by!



2021 POOL HOURS

(Parkfairfax photo access cards are required to enter the pool. If you don't have a card, you may obtain one from the Association Office. Access cards may not be active for accounts with outstanding balances).

POOL ADDRESS:	MON	TUES	WED	THURS	FRI	SAT	SUN	HOLIDAY HOURS
Pool A 1117 Martha Custis Drive	12pm-8pm	12pm-8pm	CLOSED	12pm-8pm	11am-8pm	9am-8pm	9am-8pm	10am-8pm
Pool B 3715-3717 Lyons Lane	CLOSED	12pm-7pm	1pm-8pm	CLOSED	12pm-8pm	11am-8pm	11am-7pm	11am-8pm
Pool C 3314-3316 Coryell Lane	1pm-8pm	CLOSED	1pm-8pm	12pm-7pm	12pm-8pm	12pm-8pm	12pm-7pm	12pm-8pm

1. The swimming pools are for the enjoyment of the residents and occupants of Parkfairfax, who have a current facilities pass. The Association accepts no responsibility for any accident of injury in connection with such use or for any loss or damage to personal property.

2. By using the pool, you agree not to hold the Association liable or responsible for any damages or injuries which you might sustain and, furthermore, hereby agree to indemnify, reimburse and hold the Association harmless from any and all costs, expenses, damages, or injuries sustained by you or incurred by the Association as a result of your use of the pool. Pool users agree to be bound by all provisions of the Association, including those related to the use of the pool, and subject to the Association's enforcement authority. All owners, residents, and guests are responsible for their behavior and that of their tenants, residents, occupants, lessees, invitees, children and guests.

3. A current facilities pass is required to use the pool. The photo ID access card will allow up to 3 guests to be admitted to the pools at no charge. Unaccompanied guests must also present their sponsor's facility pass to gain access to the pool.

4. Lifeguards are in charge of the pool and pool area at all times when the pool and pool area is open and/or operational. All persons using the pool must obey the lifeguards at all times and comply with all instructions, directions, orders, and commands issued by the lifeguards designed to promote the health and safety of the pool users or to enforce compliance with the Association's rules and regulations. Non-compliance with the lifeguards or violation of the Association's rules and regulations shall subject any pool user to immediate ejection from the pool and pool area. There may be other enforcement actions by the Association. The pool is open for use only when the lifeguards are on duty and at their stations. Pool users are to stay clear of the guard stations and should not lounge around the stations or obstruct the guard station or the check-in desk.

5. If you cannot demonstrate to the lifeguards that you can swim, you will not be allowed in water over your head. The lifeguard may test your swimming ability.

6. For safety reasons, children under the age of sixteen (16) years of age must be accompanied by a resident sixteen (16) years of age or older to be admitted to the pools and tennis courts. A children's card (no photograph) shall be required for children between the ages of twelve (12) and sixteen (16). Diaper age children must wear plastic pants to be permitted in the pools.

7. You must take a cleansing shower before entering the pool or after using the toilet. No one will be allowed to swim who has a cold, inflamed eye, a cough, infection, or is wearing bandages. Only swimming suits may be worn in the pool. Cut-off jeans, cotton t-shirts and similar clothing may not be used.

8. Glass containers and breakable objects are not permitted in the pool areas. Non-alcoholic beverages in non-breakable containers (plastic bottles, cups made from paper, plastic or Styrofoam, or metal cans) in sizes not larger than sixteen ounces (16 oz) will be allowed in the pool area during regular pool hours. Containers for the storage of such beverages (such as portable coolers) are permitted. Intoxicated persons will be denied access to the pool area at all times. No facility to prepare or serve food is allowed on the pool deck.

9. Street shoes are not permitted on the pool deck.

10. No pets will be permitted in the pool or on or within the pool area.

11. Trash must be placed in approved containers. Please keep the pool, deck and bathhouse areas clean.

12. No running, pushing, dunking, rough play, or profane language will be allowed in the pool area. Standing or sitting on someone's shoulders or spouting water and similar unhygienic actions are not permitted.

13. The use of kickboards, tubes, water wings, balls, or other items will be allowed only if the lifeguard determines that such use will not endanger the users of the pool. Only the lifeguard can make this decision, based on the size and character of the crowd.

14. Suntan oil is not permitted in the pool. Please use a towel to cover your lounge chair, especially if you are using tanning oils or sunscreens.

15. Anyone who is asked to leave and does not is guilty of trespassing and subject to prosecution.

16. Any person who continues to violate a rule after being warned by a lifeguard is subject to having their facilities pass withheld by the lifeguard and forwarded to the General Manager, who will return it only after the matter of the offending resident is discussed with the General Manager. The rules and regulations of the Association will be enforced by the Manager, violators will be subject the enforcement authority of the Association.

17. Lap lanes are for active swimming only.

Native Plants continued from page 7.

Common periwinkle/Vinca (Vinca minor) and Big Leaf periwinkle (Vinca major)

- Japanese Barberry (Berberis thunbergii)
- Sweet autumn clematis (Clematis ternifolia)
- Rose of Sharon (Hibiscus syriacus)

You may also see for sale plants that are labeled "Native" but that are actually hybrids or cultivars of native plants. These can offer distinctive characteristics which may be more appealing to gardeners, such as different colors or dwarf size. However, be aware that these are not true natives, may not be preferred by pollinators and are not recommended to be used adjacent to natural areas.

So, it's important to keep in mind the difference between native, native cultivars, non-native and invasive plants. Please don't plant invasive plants! Here at Parkfairfax, our woodlands have already been taken over by invasives, which are killing our trees and preventing small saplings from maturing.

By adding some native plants to your garden, you will be attracting birds, butterflies and bees and supporting native wildlife at all stages of life. You'll also be contributing in a positive way to solving global problems like climate change and biodiversity loss.

- For additional information and lists of nurseries that specialize in native plants, see these websites:

<https://www.plantnovanatives.org/native-only-sellers>

<https://vnps.org/native-plant-nursery-list/>



Monarch butterfly on Milkweed.

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REAL ESTATE FOR SALE

3456 Martha Custis Dr.: 805 square feet of sun drenched living space. The Monroe Model, the treetop model. Replaced windows, updated kitchen. Built-in microwave, washer/dryer. Gas stove/oven. Bank of windows faces greenspace. QUIET! The JohnANDJohn TEAM, RE/MAX Allegiance, 703-820-9723. www.Parkfairfax.com.

continued next page.

1710 Preston Rd.: 780 square feet of living space on ground level. The Garfield Model. Huge private patio facing green space. Front porch. Granite countertops, dishwasher, installed washer/dryer. The johnANDjohn TEAM, RE/MAX Allegiance, 703-820-9723. www.Parkfairfax.com.

1604 Mount Eagle Pl.: 805 square feet of living space. We call it the Treehouse Model. Enjoy being up in the sky with the trees/birds/squirrels. Washer/dryer, dishwasher, hardwood floors. Updated kitchen, front porch. The johnANDjohn TEAM, RE/MAX Allegiance, 703-820-9723. www.Parkfairfax.com.

1314 Martha Custis Dr.: 750 square feet of living space on ground level. The Adams model. No steps from sidewalk to the home. Roll out of car and walk in. Just a short stroll over pedestrian bridge to Shirlington's restaurants, grocery, bank, library, post office and more. Washer/dryer, dishwasher, newer windows. PATIO! The johnANDjohn TEAM, RE/MAX Allegiance, 703-820-9723. www.Parkfairfax.com.

3719 Gunston Rd.: 930 square feet. 2 bedrooms/2 levels of glorious living on the end with sunny deck backing to greenspace. Inlet parking. Open kitchen. Washer/dryer, dishwasher, updated windows. Short stroll to Shirlington's shops. The johnANDjohn TEAM, RE/MAX Allegiance, 703-820-9723. www.Parkfairfax.com.

3266 Martha Custis Dr.: 780 square feet. 1 bedroom upper level. Bank of replaced windows faces green space. Extra huge closet. Washer/dryer, new windows, dishwasher. Front door faces verdant courtyard. The johnANDjohn TEAM, RE/MAX Allegiance, 703-820-9723. www.Parkfairfax.com.

8106 Smithfield Ave., Springfield VA 22152: 5 bedrooms, 3 full baths, central heat/air, hardwood floors, carport on ¼ acre. Wanda-Vision styled eat-in kitchen with yellow appliances. Picture window views from large den into large back yard. Carport. 10 miles from

Parkfairfax. The johnANDjohn TEAM, RE/MAX Allegiance, 703-820-9723, www.Parkfairfax.com.

1718 Dogwood Drive, Alexandria, VA 22302: Townhome available in Terrace Town Houses of Beverly Hills. 2 level/ 3 bedroom/ 2.5 Baths located in a quiet courtyard setting with garden-style entrance and front patio. Freshly painted, wall-to-wall carpeting and a fireplace! Roomy closets. Bosch stacked washer/dryer. Assigned parking spot for tenant plus easy guest parking available. www.Parkfairfax.com RE/MAX Allegiance, 703-820-9723. The johnANDjohn TEAM.

REAL ESTATE FOR RENT

Martha Custis Dr.: Sunny 1 bedroom Monroe for rent. Hardwoods, washer, dryer, dishwasher, ceiling fans, tons of closet space. Beautiful views and minimal noise, no one on sides or above! Email ParkfairfaxCondo4Rent@gmail.com.

1605 Fitzgerald Ln.: A treehouse Model, the Monroe (805 square feet) of sunlit space. New renovation 2 years ago. Washer/dryer, new windows. Gleaming hardwood floors. Landlord pays condo fee of \$412.22. Pet ok with deposit. The johnANDjohn TEAM, 703-820-9723. RE/MAX Allegiance. www.Parkfairfax.com.

1558 Mount Eagle Pl.: One of the most beautiful renovations of a Lincoln, 1 level, 2 bedrooms, 900 square feet of living space with private patio. Open kitchen. Be prepared to be impressed. Landlord pays condo fee of \$460.63. The johnANDjohn TEAM, RE/MAX Allegiance. 703-820-9723. www.Parkfairfax.com.

3569 Martha Custis Dr.: Madison Model, 2 bedrooms/2 levels, dishwasher, washer/dryer. Pet ok with \$500 refundable deposit. Landlord pays condo fee of \$476.51. The johnANDjohn TEAM, RE/MAX Allegiance, 703-820-9723. Professionally managed. www.Parkfairfax.com.

3369 Valley Dr.: Madison Model, 2 bedrooms/2 levels, dishwasher, built-in microwave, pet ok with \$500 refundable deposit. Professionally managed. Landlord pays condo fee of \$476.51. The johnANDjohn TEAM, RE/MAX Allegiance, 703-820-9723. www.Parkfairfax.com.

4162 S Four Mile Run Dr. #304, Arlington VA 22204: West Villages of Shirlington. Like new, 851 Square Feet of hardwood floors. Enormous bathroom and walk-in closet. Open kitchen with granite counter tops. HUGE storage room on another floor, parking sticker for parking lot. Pet ok with deposit. 703-820-9723. www.Parkfairfax.com.

3316 Valley Drive: Everything you need in a 2 bedroom townhouse built-in microwave, dishwasher, updated electric, stacked washer/dryer upstairs in linen closet, hardwood floors throughout and close to Coryell pool. www.Parkfairfax.com RE/MAX Allegiance, 703-820-9723. The johnANDjohn TEAM.

1569 Mt. Eagle Place: Madison Model, 2 bedrooms, 2 levels, 930 square feet. Renovated open plan kitchen with cherry cabinets, high-end stainless steel appliances including dishwasher and built-in microwave. Updated windows and refinished hardwood parquet floors. Central air conditioning and heat. Upstairs: completely renovated bathroom, washer and dryer, ceiling fans, and extra closets. No pets. No smoking. Landlord pays condo fee. Email elizabeth.martineau@comcast.net 703-519-7423.

3 bedroom Van Buren Model: Renovated private quiet patio. Replacement windows. W/D and DW. Park at front door. Well maintained. Anne Martone, McEnerney Assoc. Annemartone@yahoo.com. 571-213-3991. Jason Surbey 703-7312-8610.



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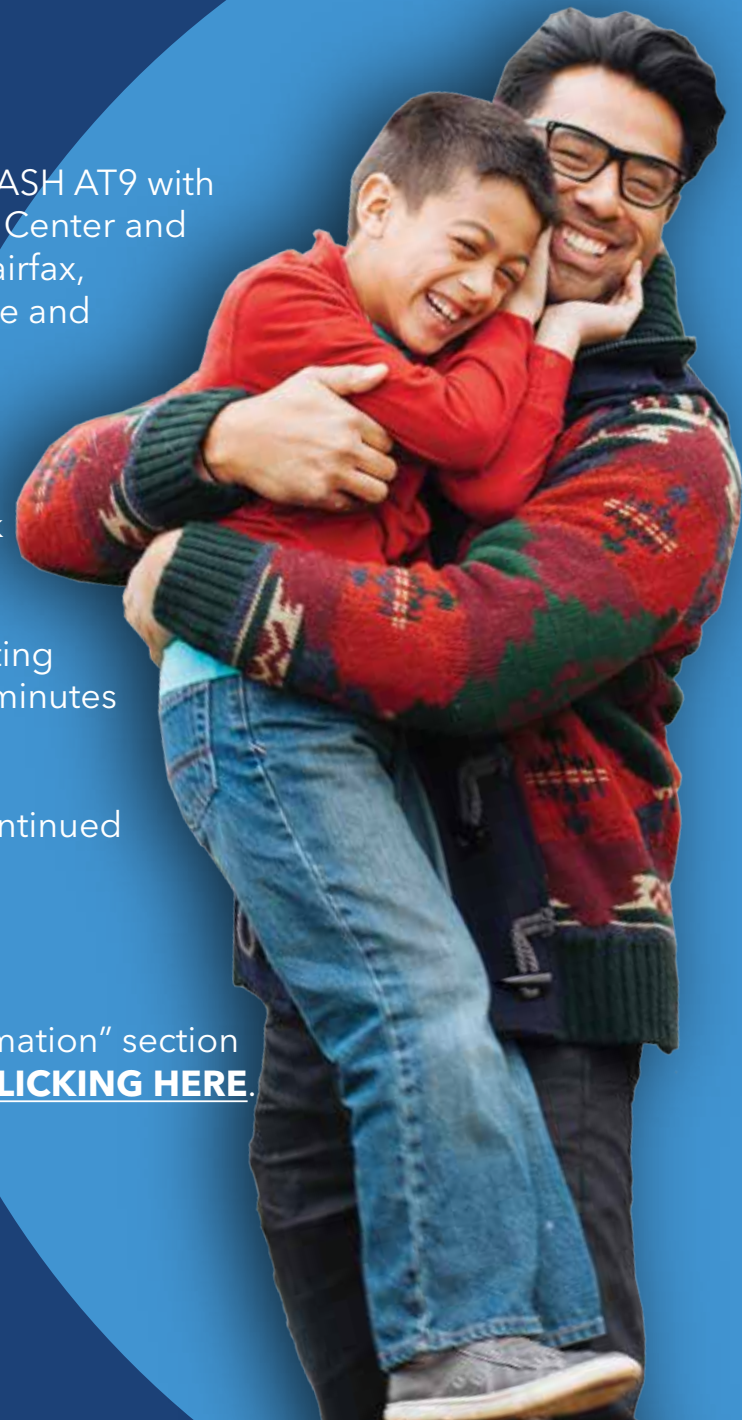
The new **Line 103** will replace the existing DASH AT3, providing service every 30 minutes during weekday peak periods.

The new **Line 104** will replace the existing DASH AT4, providing service every 30 minutes during weekday peak periods.

The existing AT3/4 Loop is being discontinued due to low ridership.

LEARN MORE

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- Do you have extra funds saved?
- Do you have equity in your current home?

If so, **CALL ME** to learn the best ways to use both to build wealth for your future.

Investment Opportunities

If you have the funds, and you're willing to make the commitment, a rental property is a way that real estate can increase cash flow.



Long-Term Rentals: Provide consistent income over time, but requires a large commitment.



Short-Term Rentals: You get an upfront return on investment. Local laws need to be taken into account.

Record-low interest rates could make mortgages more affordable for those considering an investment property.

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(Behind the Safeway)
Alexandria, VA 22302



Dr. Jeff Borenstein Dr. Steven Trauben

www.kingstreetwellness.com

703.578.1900

Let us keep you pain-free and on your toes with a complimentary consultation.

At King Street Chiropractic Wellness Center, we believe a full life and healthier you starts with good posture and correct body alignment. From initial evaluation to our personalized treatment plans, our goal is to keep you pain-free and moving confidently at every stage of your life.

Whether you experience headaches, low-back or neck pain, gentle chiropractic care will get you feeling yourself

again. Our comprehensive services including massage, on-site personal training, nutrition and stress management instruction are designed to keep you engaged and enjoying the activities you love.

We invite you to call 703.578.1900 for a complimentary consultation. Experience how our program can keep you pain-free and enjoying life.



August 2021

**** ALL ACTIVITIES ARE DEPENDENT ON COVID-19, STAY TUNED FOR ANY UPDATES VIA EMAIL. ****

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7
8	9	10 Covenants Committee Meeting, 7 pm Newsletter Submission Deadline	11	12 Transportation & Land Use Committee Meeting, 7 pm Large Item Pick-Up	13	14 Office open 9 am – 12 pm
15	16	17 Book Club 7 pm	18 Board Meeting 7 pm	19	20	21 Summer Concert Series 6 – 8 pm Coryell Lane Pool Lawn Space
22	23	24 Building and Utility Committee Meeting, 7 pm	25	26 Large Item Pick-Up	27	28
28	29	30	31	1	2	3
4	5	6	7	8	9	10